A litle Her-

ball of the properties of Herbes, newly amended & corrected, wyth certayn Additions at the ende of the boke, declaring what Herbes hath influence of certain Sterres and constellations, wherby maye be chosen the best and most lucky tymes and dayes of their ministracion, according to the Moone beyng in the signes of heaue the which is daily appointed in the Almanacke, made and gathered in the yeare of our Lorde God.

M. D. L.

the .xii. daye of February. by Anthony Askha, Phylycyon.

861992

De virtutibus

Herbarum et primo de Litera. A.

☞ Abrotonum.

THYS herbe Abrotonum is called Sothern woode. The vertue of thys herbe is thus, that if they breake the sede & drynke it with water, it hes let ỹ mẽ that haue ben bittẽ with any venemous beast. Also this herbe destroieth wormsĩ a mãs wõbe also pouder of this herbe medled with barly meale vnbyndeth and breketh harde postumes. also thys herbe brent, and the asches medeled with oyle, maketh hair growe

ther, this herbe is hote and dryc in the seconde degre.

Absinthium.

This herbe is called wormewood. The vertue of this herbe is good to comforte the hert, and cleseth the stomache. Galyen sayt y this herbe hath two vertues, one is laxatiue, & the other is cōstypatyue. Therfore Galyen sayth that if this herbe be geuē to any euell, of the which y matter is not fully defyed, it shal harde the stomache, & let the degestion. And if the matter be ryped, it shall make a man laxatyue, and easely put awai the mater. If this herbe be drāk with Spycknarde, it swageth the stomache and wōbe that are infected of wicked wīds. Also if this herbe be tēpered with hony, it will ease the swelling in a mannes mouth. Also it doth awaye y blacke myste in a mans eyes, & clereth the sight

and

and if thys herbe be pownd with the gal of a Bul, and afterwarde put into a mās eyes, it putteth away all maner impedimēts of ths sight.

¶ Acus muskela.

¶ This herbe Acus muskela is called Groundelwelle, it is good for playsters.

¶ Affodyllus,

¶ This herbe is called Affodyl, The vertue of this herbe is that ẏ leues ben good to heale ẏ dropsy, & the leues of the flowers be good to be drȳke to heale venim of wicked beastes, also ẏ iuce of this herbe and Myrre, and Saffron tempered together in whyte wyne & a litel boyled ouer the fyer. & strayned thrǫugh a clothe, is good to heale rǫning eyes, also the rote of this herbe brȳt to powder, is good to heale sore eares & to restore thē again, also take an harde clothe ẏ

is roughe & wete it in the toyce of this herbe, & rubbe the Morphew therwith sitting against the sõne, & it shal do away the Morphewe. Also ỹ rote herof infused in ale or wine, helpeth to vomite. this herb is hote & drye in the second degre.

Agnus castus.

This herbe Agnus castus, that men do cal Tutesane or otherwise Parke leaues, hath leaues somdel read like vnto the leaues of Orage & this herbe hath senowes on his leaues as hath Plantayne, and it hath yelowe floures, and beareth blacke berys, & it groweth in drye woddes, ỹ vertue of this herbe is ye wil kepe men and wome chaste. For as Dioscorides sayeth, this herbe is called Agnus castus for ỹ knowlege & ỹ vse of this herbe maketh me chaste. And this herbe will open the pores of ma and let out euel humours, and spirites of hys

bodye

body, this herbe destroieth ỹ moy-
sture of mans seede. Also thelanis
auctor sayth that if thys be soden
with fenel in asel, it is good to de-
stroy the dropsy. Also if this herbe
be soden with smallage, and sage
in salte water, and afterward the
hinder parte of a mās head be wel
washed, therwith it healeth it &
vnbyndeth an euel that is called
Lytarge. Also this herbe destroy-
eth ỹ foule lust of iechery, and it be
dronkē, or if it be vom about him
therfore sometime thei do eat it ro
sted, because it shal kepe thē chast:
for if this herbe be eatē raw, it will
engēder head ache. This herbe is
good to delye the hardenes & stop-
ping of ỹ mylte. Also a playster of
this herb is good to do awai ache
of a mans head that is engendred
of euell humours. Thys herbe is
hoote & drye in the seconde degree.

¶ Agrimonia.

¶ This herbe Agrimonia men cal it Egrimony but ỳ right name of it is Eupatoriũ as saith Dialcoꝛi des, & Antonius Musa. The ver- tue of this herbe is thus, and it be eaten, the herbe & the roote grene, it healeth the akinge of the wõbe. Also if this herbe be dryed & pow- ned to pouder, & dronke with wa- ter, it is good for ỳ same euel, also the sayd herbe tẽpered with Ayel is good to heale a woumde that is hurt with yrõ, also this herbe vsed in meats is good to hele the akinge of sores in ỳ myxte, also this herbe in pouder decockt in white wyne openeth the stoppyng of the lyuer that commeth of flewme, also it is hoote in the firste degre, and dry- in the secounde.

¶ Allium.

¶ This herbe Alliũ is called Gar- lecke, ỳ vertue of this herbe is this

It will vnbynde all euell wyndes
within a mās bodi. And it helpeth
a mā to make water, but it noyeth
a mās eyes, and because he is va-
poratyue. Also it maketh a mā to
drynke muche, and destroyeth the
sighte, & it destroyeth and healeth
wemin within a mā. Also it helpeth
al colde sores as it were tryacle.
Also it healeth the scabbes, & mor
phews, or bladders, ī what maner
place they be in a mans body, so
it be wel froted therwith, this herbe
is hote and dry in the secōd degre.

¶ Altea.

¶ This herbe is called Holyhocke
or the wyld Mallow. the vertus of
this herbe is thus, take and stāpe
it and frye it with shepes talow &
make a playster and laye it to the
Goute & it shall helpe him within
thre dayes by experiment all Auc-
tors do saye and affirme that this
herbe soden with vineger

sede, & a plaister made therof, and layde to ỹ syde of any person, it departeth & helpeth yll gatheringes that be engẽdred in a mans body, this herde groweth in gardens & moyst places.

¶ Allelvia.

¶ This herbe Allelvia mẽ call it Woodsour or Stubwort. this herbe hath thre leaues, ỹ which be rouñd a litel departed aboue, and it hath a whyte flour, but it hath no sõge stalkes, and it is Woodsoure, and it is lyke thre leued grasse, the vertue of this herbe is thus. If it be rosted in the asshes in redde Docke leaues or in redde nettle leaues, it heleth a wat dead flesh of a woude this herbe groweth much in woodes.

¶ Amarilcus.

¶ This herbe is called Bongueserpent, or Dragons. this herbe hath thre

kindleth, ye vertue of this herbe is that if the joyce thereof be dronke it helpeth the Cāker and the Pyles, and the Emerawdes, and there be two spyces therof, the one hathe a whyte flour, and the other hath a yelow flour, & it groweth in corn.

Ameos.

¶ This herbe Ameos hath leaues lyke vnto Oloxen, but they be lesse & the seede is like persly seede, the vertu of this herbe is thus, if it be sepered with vony, it cleeth woz mes that be in a mans bodye, also it vnbyndeth the great stoppinge of wyndes, & it byeketh the stoone, it clenseth a mans stomache that is colde, it clenseth the lyuer & the [illegible] and it healeth [illegible] the lyeng of [illegible] this herbe is hoote and [illegible] degree.

Cassia.

¶ This herbe is called

fede / a plaister made therof, and layd / to ỹ syde of any person, it departeth & helpeth yll gatheringes that be engẽdred in a mans body, this herbe groweth in gardens & moyst places.

¶ Alleluia.

¶ This herbe Alleluia nẽ call it Woodsour or Stubwort. this herbe hath thre leaues, ỹ which be roũd a litel departed aboue, and it hath a whyte flour, but it hath no lõge stalkes, and it is Woodsoure, and it is lyke thre leued grasse, the vertue of this herbe is thus. If it be rosted in the asshes in read Docke leaues or in read worte leaues, it freteth awai dead flesh of a woũde this herbe groweth much in woodes.

¶ Amariscus.

¶ This herbe is called Dogge fenel, or Maythis, this herb is much like to Cammamyle, for it hath a whyte floure as Cãmamyle, but it

stinketh

kinketh, ỹ vertue of this herbe is that if the ioyce therof be dr̃ke it helpeth the Cãker and the Pyles, and the Emerandes, and there be two spyces therof, the one hathe a whyte flour, and the other hath a yelow flour, & it groweth in corn.

Ameos.

This herbe Ameos hath leaues lyke vnto Oliuen, but they be lesse & the seede is like perlaye sede, the vertu of this herbe is thus, if it be tẽpereth with hony, it sleeth wormes that be in a mans bodye, and it vnbyndeth the great stoppinge of wyndes, & it byeketh the stoone, & it chaseth a mans stomache that is colde, it chaseth the lyuer & the raynes, and it healeth woundes & the byting of venemous beastes, this herbe is hoote and dryen in the seconde degre.

Anisum.

This herbe is called Anyse, the

vertue of this herbe is this, it vn
bindeth the stopping of the lyuer
and of euell wyndes and of greate
humours that encloseth the milt.
Also it stereth a man to make wa-
ter & to swete, also this herbe ma-
keth a mans wombe laxatiue if it
be to hard, and the sede beyng par
ched, or rosted in al maner medeci-
nes, than it wil worke the rather.
this herbe is hoote and drye in the
seconde degre.

¶ Anetum.

¶ This herbe Anetum that men
do call Anete otherwise Dyl, this
herbe hath leues like to Fenel, but
the sede is somdel brode as Orage
sede is, the vertue of this herbe is
this. It wil make a man pysse, al-
so it swageth rumbling in a mans
wombe, an wycked wyndes in
the wombe, also it distroyeth the
yeryng, the sede of this herbe brent
and layde vpon a wound it heleth
soone,

one, & namely if a man be scalded in his membres or in hys yarde, strow the powder theron & it shall hele, or what maner of euell that ryseth in a mans yarde it shall be hole in thesame maner. A playster made with thesame powder & shepes talowe & blache sope, is good for the Emaraude, thys herbe is hote and dryye in the second degre.

¶ Anabula.

This herbe Anabula men call Spourg. This herbe causeth gret vomyte, and greate laske downewarde,

¶ Apium.

This herbe Apiū is an herbe that mē do cal Smalage or stammarche, the vertu of this herbe is this. It will make a man to pysse, and open the stopping of the lyuer also ỹ sede of this herbe hardneth a mans wombe, and it draweth euel humours of a mannes bodye

vnto the head, & to the stomacke & the wombe, and therfore it noieth them that haue the fallinge euell. and womē that be with chyld, for whan it draweth such humoures to the wombe it engendreth, that which causeth pestilēce, and therfore it is cōmaūded of leches that women that be with chyld, & they that kepe sucking chyldren shulde not eat nor drink of this herbe, for drede of ỹ fallīg euel, for it is hote & drye, & there be. ii. spices theerof, the ioyce is good for cold plaisters tēpered with flower, and for scalding, this herbe is hote ī ỹ. i. degre

¶ Apium Emorroidarum.

¶ This herbe is called Crowfote this herbe hath leues departed as it were Rammes fete, this herbe hath a longe stalke in the middes, and groweth in waterye places, & hath yelow floures.

¶ Apium

¶Apium ranarum.

This herbe Apiū ranarū that mē cal water crowfot, hath yelow floures as hath crowfote & of the same shap, but the leues are more departed, and it hath a lōg stalke, and out of that one stalk groweth many stalkes sprad by ỹ sydes, this herbe groweth in watery places.

¶Artheminsia.

*This herbe is called Mugworte or Motherworte, ỹ vertue of thys herbe is very profitable agaīst all diseases perteining to womē. And also if a mā bear this herbe about him he shal not be werye of trauelling in his way. Also if this herbe be powned with talow, it healeth the sorenes of a mans feete, and akyng also. And if it be within a houle, there shall no wicked spyrite abyde. Also if thys herbe be stamped and tempered wyth runnynge water, it healeth the akyng

of a mās guttes and many other euels, thys herbe is hote and drye in the seconde degre.

¶ Aristologia longa.

☞ This herbe mē do call it Redmader, the vertue of this herbe is thus. It will vnbynde the stopping of the lyuer, and lette passe euel wyndes that be stopped within a mans body, also if it be dronken with wyne it clēseth and purgeth all men of al maner of venim that is in a mans bodye. Also it clenseth and purgeth al maner of diseases that be rottē within and without in the vaynes and in the teeth that ben rotten. This herbe is hoote and drye, and it muste be gathered in Harueste.

¶ Aristologia rotun.

☞ This herbe Aristologia rotūda men do cal it Galengale meke, the vertue of this herbe is thus as ypocras doth say, if the sayde herbe be

be dʀoken with hoote water, then it is medicinable, and curable foʀ those men that be stopped in the bʀeast, and foʀ the swellinge euell, and foʀ the goute, & foʀ the cʀãpe, this herbe is hoote and dʀye, & it must be gathered in haruest and it is a spice of ỹ read Madder. Also this herbe is verye good foʀ womens diseases; and expelleth the dead chyld, and all other euell humours that are incõuenient with in the matryce of a woman, yf it be dʀonke with mirre and pepper.

Asterion.

This herbe Asteriõ oʀ Lunary groweth amonge stoones and in high places, this herbe shyneth by night, & he bʀingeth foʀth purple floures hole & rounde as a kocke-bell, oʀ els lyke to foxegloues, the leues of this herbe be rounde and blew, and they haue the marke of the Moone in the myddes, as it

were thre leued gralle, but the leaues thereof be more, and they be round as a peny, and the ſtalke of this herbe is read, and thys herbe ſemeth as it were mulke, and the ioyce thereof is yelowe, and thys groweth in the new Moone without leue, and euery day ſpryngeth a new leaue to the ende of fyftene dayes and after fyftene dayes, it looſeth euerye daye a leaue as the Moone waneth, and it ſpringeth and waneth as doth the Moone, & where that it groweth there groweth great quantite. The vertue of this herbe is thus, thei that eat of the beris or of the herbe in waning of the Moone, whā he is in ſigno Virginis, if he haue the falling euell he ſhalbe hole thereof, or if he beare thys about his neck he ſhall be holpen without doute. and it hath many other good vertues.

Catri

¶ Atriplex domestici.

¶ This herbe Atriplex domestica, men cal it Orage, of the whiche are two kynds, that is to say whit and read, the vertue of eyther of them beynge boyled louseth the wombe, and theyr seede beynge dronke with hony water healeth the kynges euel.

¶ Auencia.

¶ This Auencia is called Auãce, the vertue of this herbe is thus, if it be dryed, and pouder made therof with whyte wyne warmed, or els luke warm water, & geue it to hym that haue the feuers, and it shal helpe hym muche & ease hym, also it healeth woundes and Cankers yf it be dronke.

¶ Auricula muris.

☞ Thys herbe is called mouseare the vertue of this herbe is, if it be dronkẽ it helpeth the Quinsie, also the ioyce is good to heale all maner of woundes.

Hic incipit de littera. B.

Balsamita.

This herb Balsamita is called horse mynte or water mynte or broke mynte, and also thys herbe doth grow in wa try places, the vertu of this herbe is to cõfort a mans stomacke & ma keth a mã wel to defye his meate. Also the ioyce & clarified honye, & read wyne boiled together shal do away the cold frõ a mans stomach & euel wyndes within him, also ỹ ioyce or els ỹ pouder of this herbe dronken with read wyne hoote, it maketh womẽ that be with chyld soone and easely to be deliuered of their chyldrẽ. This herbe is hote and dryye in the seconde degre.

Beto-

Betony men do call this herbe the vertue of this herbe is this, yf it be stamped and than layde to a wounde in the head that is smytten with a stroke, it shal heale the wounde fayre, and drawe oute the broken bones if there be any as leches do saye. Also if a mans eyes do ake, take the water or the ioyce thereof, and it shall amende them greatly. Take Betony and stampe hym and temper hym with water or with wyne warmed and drinke it, x. dayes, and it shal destroy any webbe in the eyes of any person. Also if your eyes be watrye, eate euery daye a littel Betony, and it shal do the much good. Also if you haue akynge eares, take the ioyce therof and temper it with rose water, and warme it a lytel and drop it in thi eares, and stop them with wolle, and thou shalt be hole. Also

yf thou do blede much at the nose, take and stampe Betony with salt and stoppe thy nose therwith and it wil staunche. And if thou haue sore teeth, with vineger, or wyth Aysel let it seath wel til it be more than half wasted, than as hote as thou maist suffer it sup therof and hold it in thy mouth til it be cold, than spytte it out, and do this oft and thou shalt be hole. Also for ỹ coughe take the ioyce or powder of Betonye and medel it wyth honye, and make therof a lectuarie, and vse it .ix. daies and thou shalt be hole. And yf a man maye not holde hys meat within him, take thesame medecine and geue hym thre sponful therof with a sponeful of water. Also if a mãs yarde be swollen or that it be sore, take Betony and stampe it with whyte wyne tempered and it shalbe hole. Also yf a man be goutye, take Be-

tony

tonye and seath it well in watera
geue to him to drinke, and washe
his fete therwith, and lay ỹ herbe
about his feete on a clothe, and it
wil amend hym muche. Also take
and eate Betony or pouder therof
and you shal not be dronken that
daye, al these medecines haue ben
proued of this herbe. It is hoote
and drye in the thyrde degre.

Beta.

This herbe Beta is called Be-
tes, and there be two spices therof
as Diascorides saith, ỹ one is whit
and the other black, the vertue of
this herbe is this, if the ioyce ther
of be put in the nosethrylles of a
man it clenseth a mās head. Also
swageth the akynge of the eyes of
euery person, it clenseth the head
from nyttes, and from other ver-
mine. Also it repayreth amendeth
a mans hayre of his headde. Also
this herbe distroieth botches and

biles, also Diascorides saieth: if a mā vse ouer much of this herbe ꝑ it nourisheth euel humours in a mā, for it is hote in the first degre.

¶ Borrago.

¶ Borago is a common herbe, the vertue of it is thus. It will clense the read colour of a mā. Also thys herbe is good to destroy the Cardyacle, and the Postumes that be gathered of the black colour. Also the water dronke with wyne, maketh a man glad and merye, thys herbe is hote and moyst in ẏ firste degre.

¶ Borago siluestris.

¶ Thys herbe Borago siluestris is like to comē Borage, but the leues be somewhat smaller, and it groweth in fieldes and in wayes, the roote of thys herbe beyng soden in water and dronke, is good for the feuer quartayne.

¶ Bugla

¶ Bugla.

¶ Thys herbe Bugla is called Brou̅wort, this herbe hath leues lyke a browne colour with a blew floure and somwhat boistous, the vertu of this herbe is thus. It wil hele woundes in a mans heade, & if this herbe be dronken it healeth and draweth ꝯ bones out that be broken in a mans head, this herbe heleth and distroyeth the rewme and the akynge of the heade, thys herbe groweth in woodes much, and it is hoote and drye in the seconde degre.

¶ Burneta.

¶ Thys herbe Burneta is called Burnet, this herbe hath blew flowres as hath Hayhoue and smalle ragged leaues lyke Tanlye leues the vertu of this herbe is thus. It will destroye the greate humours and laxatyue within a man. Also openeth the stoppinge within a

mans lyuer, and make a man too pysse wel. Also it maketh one to auoyde the yelow euell. Also a porcio of this herbe medled with honye and whyte wyne, helpeth and vnbyndeth sore stytches of the ribbes, and in the tetes, there be two spices therof, the one groweth on hylles, and the other in medowes.

¶ Bursa pastoris.

¶ Thys herbe Bursa pastoris, is called shepardes purs, this herbe hath a smal stalke, and ful of braunches and ragged leaues & a whyte floure, the coddes therof be lyke a purse, the vertue of thys herbe is thus, drinke it with readde wyne or with mylke and it will staunche the bloudy menilon it is colde and dryc.

(*)

Hic incipit de littera. C.

¶ Camomilla.

THIS herbe is called Camomyl, the vertue of this herbe is thus, if it be dronke w̄ wine it will breke the stone, & distroyeth the yelow euel. It helpeth ꝑ akyng & the disease of ꝑ lyuer, if it be strained it helpeth & swageth ꝑ sores in a mans mouth, it is good for akinge in a mās head, & for the megrī, this herbe is hoote & dryel.

¶ Calamentum.

¶ This herbe is called Calamint, the vertue of this herbe is thus, it destroyeth a mans talent, as ypocras saith, there be iii. spices therof, one that is stony, another that is of the earth, and the third of the water

water, and al they be hote and dry
et that is watrye maketh a mans
moyste, it that is stonye maketh a
man hole if he drinke it, if he haue
dronke any venemous drinke, this
herbe made in a playster and laide
to a venemous woūd, it draweth
out venim sone. Also who so drin-
keth thys herbe thre dayes it shall
helpe hym of the yelow euell. The
other is earthly it is helpynge for
lepery, the ioyce of this herbe and
it be put in the eares of a man, it
will slee wormes in a mans head,
and comforteth the stomacke, and
helpeth to dekye it, and it withdra
weth castynge.

¶ Capillus veneris.

This herbe is called Mayden
hayre or waterworte. This herbe
hath leaues lyke vnto fenne, but
the leaues be smaller, and it gro-
weth on walles and stones, and in
the middes of ỹ leaue is as it were
blacke

black hair, the vertu of this herbe is this, it wil breake the stone and it be dronke with wyne, it destroieth venym, and it is hote and dry.

¶ Canabaria.

¶ This herbe is called wylde hẽpe or holy rop, it is lyke vnto hempe his vertue is if a man haue the feuer, frete wel his poulce therwith and he shalbe hole, and it groweth in watry places.

¶ Capitolium.

¶ Thys herbe is called woodbynde, and it hath a whyte floure, the vertu of this herbe is good to heale Cankered wounds, bladers and aking teeth, and soores in the tooes of a man. Also it is good for the swelling in a mans body that is venimed, this herbe is hoote & dry.

¶ Cardiaca.

This is named Cardiacle, it hath leaues like to blynd nettels, and it hath

hath litel coddes w̄ sedes, his ver
tue is good for the falling euel.

¶ Camelon.

Thys is called a Wolufsche thystel or a wylde thystel. He hath white leaues great and brode and a read flour, it groweth by waies the vertue of this herbe is, if thou take this herbe whan the Sunne is in Capricorne, and the Moone be new, while thou berest it about the, ther shal no mischief the befal

¶ Carui.

¶ This herbe is called Caruy this herbe hath leues somwhat like to fenel wyth a longe stalke and a round seede more thā parsly sede. The vertue of this herbe is to destroy euel windes and the coughe, and it is good for the frēsie and for bytinge of venemous beastes. Also this herbe medled with allū is good for Scabbes and Teters. Also it restoreth hair ther as it is fallen

fallen away, this herbe groweth in moyst places.

¶ Centaurea maior.

☞ This is named the more Centory or earthy gal, his flours be yelow in the croppe, his vertue is if it be sodden in good wyne, it wyll heale the sickenesse in the lyuer, it draweth out euel humours in the mylt, this hath ben proued, and it be sodē in water, it is good to hele a wound, if there be a Canker and be anointed therwith it wil make it hole, this herbe is hote & drye.

¶ Centaurea minor.

☞ Thys herbe is the lesse Centorye, it hath three braunches comming out of a roundstalke with a purple floure at the top. His vertue is this, ỹ pouder or ioyce therof is good for bityngs of an adder, or any venemous beast, if it be drōken with wyne, and the ioyce is good to anoynt sores therwith, yf

ye haue anye venym within you, powne it smal and temper it with Aysel and drinke it, and you shall cast out all the venim within iou.

¶ Celidonia.

This herbe is called Celidon or Teterwort, his vertue is as Plinius saith, if the byrdes of the swalow be blynde, the damme of the byrdes fetcheth of this herbe and healeth their eies therwith, it is good for the Canker in a mans mouth, it is good for the toth ache and to clense a mans heade, this herbe is hote and dry in the secõde degre.

¶ Centinodia.

¶ This herbe is called Knotgras, the vertu of this herbe is to breke the stone, and it is hote and drye.

¶ Cepe.

Is named an Onyon, his vertue is to comfort a mans stomack it purgeth somewhat ỹ flewme, it

nesseth

nesheth somwhat the wõbe. Also and it be stãped and tẽpered wyth honye and Aysel, it is good for the biting of a madde dogge. Also the ioyce tẽpered with womans mylk is good to heale the aking of ears Also the ioyce tempered with any lycoure is good to drynke for any mã that hath lost his speche. Also the ioyce putt in ỹ nosethrilles breketh out the euell rewme, and the stopping of a mans head.

¶ Cerifolium.

Cerifoliũ is called Cerfolle or Cheruile, the vertue of this herbe is, and it be dronken with wyne it shal make a man to pysse wel, and it deliuereth a mã of ỹ ashe in the raynes, and in the bladder, and it be dronke with wine, it letteth out and vnbyndeth the euell wyndes and vnstoppeth the wombe, and the lyuer of all maner wodnesse. This herbe withholdeth castynge.

Also a playster made w̄ this herbe tempered with Aysell, destroyeth wylde fire and heleth the Canker and all other wounds, this herbe is one of the Smalaches, and it is hote and drye.

¶ Cominum.

Thys is called Comin, the leaues therof be much lyke vnto Coliandre, it hath many braunches commynge out of one stalke, it is stronge of sauour, his vertue is to destroy euel wyndes, and other euels in a mannes stomacke, it helpeth to make water, it is hote and drye.

¶ Cicuta.

¶ This herbe is called Hemlocke or Herbe Benet, the vertue of thys herbe is thus, ỹ ioice of this herbe kepeth maydens tetes smal. Also this herbe oft dronkē kepeth and destroyeth the great appetite of lechery. Also the ioyce tēpered with

Swynes

Swines grece, destroyeth ỹ hoots gout, and swageth the great swellinge, for it is hote and drye.

¶ Consolida maior.

¶ This is named cõfery, it hath leaues lyke to Horshelme but thei be not so whyte, there be two spyces therof. One with a whyt flour the other with a red His vertu is yf a man be borson or brokẽ within, take ỹ totes of this herbe and rolte them in the asshes, and let the sicke eate therof fastinge. iii. dayes and he shalbe hole. Also it helpeth to gather broken bones, it is cold and drye, and it bereth black sede. Also it stoppeth almaner of fluxes of bloud, and specyally for theym that hath a veyne broken in the brest and vomiteth bloude, yf the ioyce therof be dronke with read wyne and a littel mastiche.

¶ Consolida media.

¶ Thys herbe is called Maythin

this herbe hath long leaues and a litel endented and a whyte floure, and the floure is somwhat like to the Daysie, and the vertue therof is lyke the other Consolida.

¶ Consolida minor.

☞ This is called Daysie or Brus wort, his vertue is, if it be stamped and layde to a Botche, it shall heale it & breke it, for it is a spice of the comferie.

¶ Columbina.

¶ Thys is named Columbin, hys vertue is good for hym that hathe the Quinsie. This herbe muste be gathered in August.

¶ Coliandrum.

¶ This herbe is called Coliandrū the vertue of this herbe is this, yf the ioyce therof be dronke with honye, it shal slee wormes in a mans body, & hardeth a mās womb be the sede is good to do away the feuers that came thre daies, this herbe is hote and dry e.

¶ Costus.

¶ This is called Cost or lesse Destin, his vertue is to heale the sicknesse of the breast, and the longes, and it wil breke the postume. Also it draweth out euel humours of a mans head, it is good for a mans stomacke.

¶ Crassula maior.

¶ This herbe is muche like vnto Orpyn, the vertue of this herbe is thus, if it be layde to a wound by itselfe, it shal heale it without any other herbe.

¶ Crassula minor.

¶ Thys herbe is called Stonehore or Stonecroppe the leues of this herbe be somwhat lyke vnto Orpyn, and it groweth on houses and walles, ỹ vertue of this herbe is thus, it wil make a man to cast.

¶ Hic incipit

Littera. D.

¶ Daucus asininus.

THYS is called Dawke, hys vertue is to heale the dropsy .... a bytinge of venemous beastes. Also it openeth the stopping of the lyuer, and of the mylt. Also it vnbyndeth the wombe, and maketh it laxatyue, it is hoote & drye, in the thyrde degre.

¶ Diptanum.

¶ Thys is called Diptane or detaine. The vertue of this herbe is thus, if it be dronken it will delyuer a woman of a dead child. Also this herbe wil draw out a thorne or an yron out of a mans bodye, it is hote & dry in the second degre

¶ Deus leonis.

¶ Thys herbe is called Dentde-

lion, the vertu of this herbe is the roote, is good for the feuer Cotydian.

¶ Daucus criticus.

☞ This herbe hath leaues like to wild Popie, but the leues be more white, it hathe a floure of purple coloure, and it groweth in wheat, this herbe is hote and drye.

¶ Dragantia maior.

☞ Thys is called Dragunce female, it hath leaues lyke to Rewe, but it hath whyte spectes, it hath an euen stalke, the lengthe of two cubites, and it beareth seede as it were a cluster of grapes, and they be yelow, it groweth in moyst places, the vertue is if it be stamped, and medled with oyle, and put into the eyes of a man, it shall do awaye the akynge thereof. Also the roote thereof, and the roote of the whyte Onyon stamped therwith and tẽpered with hony, it healeth

all wounds that the Canker hath be rysen in. Also who froteth hys handes with the roote, if it be in Maye, without dout he may take adders, they shal not venim hym. Also the ioyce distroyeth the darknesse about a mans eyes, if thei be anointed therwith. Also if ỹ ioice be dronkē with wine, it distroieth lechery, and it is moyst and colde.

Dragantia.

Dragonce or Serpentine, this herbe is called. The vertu of thys herbe is this, if it be stamped and dronken with white wine, it doth away al maner of venim. Also it doth awaye the akinge of eares if they be anoynted therewith. Also pouder therof blowen in a mans nose, shal clense a mā of the rewm & it is good to destroy the coughe, and to destroy the Canker, and the

freting

freting of euel wyndes, this herbe is hoote and moyst, & muste be gathered in June and Julye.

¶ Hic incipit

Littera. E.

¶ Ebulus.

THYS herbe is called Walwoyte, it hath leaues like to Elder leaues, it hath a longe stalke, the vertue of this herbe is good to destroy ỹ dropsie, scabbes & tetters, & it drawe weth away ỹ euel humours out of a mā, this herbe is hote & drye in the second degre.

¶ Edera.

¶ Thys herbe is called Juy, thys herbe is lyke to Bryan, the vertue therof is. If it be sodē in wine, tyl it be thicke, and thā lay it al hote to a botche, and it shall breake it. Also if thou haue any akīg in thy

yeade, take the ioyce thereof, and oyle of roses, and white wine and medle it together, and anoynt thy yeade therewith and thou shalbe hole thereof.

¶ Edera terrestris.

¶ Thys is an earthe Iuy, it hathe ieues lyke to Catmint, but they be not so muche, & hath a read floure the vertue of this herbe is, if it be soden in Swines grece, it is good oyntment for all maner of aches.

¶ Enulacampana.

¶ Enulacampana is called horsheele or Scabwoorte, the vertue of this herbe is this, yf a man haue wagging tethe and he eate of this herbe, they shal fasten agayne, it helpeth a mā to make water, if it be dronken it deliuereth a woman of a dead chylde, it is good for the cough, it hardeth a mans wombe it is hote and moyste.

Ellebo-

Elleborus albus.

Thys is Pelliter of Spaine of longe worte. Thys herbe hathe leaues much like to Pedelion, but they be not so much slyt without, and it hathe a floure as it were a Parsneb, his vertu is, if he be put into the nosethyrlles of a man, it wil make him to nese. Also it healeth the scabbe, the morphew, and tetters. Also it purgeth a man of euel colours of flewme, & of the Emeraudes, if he be laide to ỳ place that is diseased. Also for the tooth ache it is good if it be soddē in Aisel, and kepe it as hoote as he may suffer in his mouth, and it is good to pourge mans stomake & wōbe. Also the pouder thereof putte in gruel shall slee wormes, and the ioyce medled with mylke, sleeth flies, it is hoote and dryе in the thyrde degree, and is a greate purgacion.

¶ Elebozus niger.

¶ This is called Pedelyon, hys leues be much like to lōg Wozt, but they be not so whyte, and it hathe a bzode floure and a blacke coote. his vertue is if it be made in powder it wil destroye and flee rattes, and this herbe is hote and dzye in the thirde degre.

¶ Endiuia.

¶ This herbe is called Endiue oz louthistel, his vertu is if the ioyce therof be medled with hote water and dzonken, it helpeth the stopping of the milt, and of the liuer. It is good to heale the yelow euel and the feauer tercian. It is good foz hote postumes, & foz to swage greate heates of the lyuer, and of the stomacke, and it is colde and moyste.

¶ Eufrasia.

¶ Thys herbe is called Eufrase, it is good foz eyes, and hath a lyt-

tell

tell ragged leafe lyke tyme.

¶ Eupatica.

* This herbe is called lyuerwort, his vertue is to distroy and clense the hardnes of the liuer. Also if it be medled with freshe grece it wil heale woundes, and it is good too heale the feuer quartayne.

¶ Eruca.

This herbe is named Skyrwyte, hys vertue is, the leaues be good to heale a mans mouth, if it be holden longe therein. Also the ioyce of this herbe sodden and afterwarde dronken, it distroieth ỹ blacke colour. Also this herbe ofte vsed styrreth a man to lechery, and to make water. Also the roote stãped and medled with oyle and honye, clenseth a mans chyne if it be anoynted therwith. Also the ioyce therof dronken deliuereth men, & women of the cough, for it is hote and drye in the thyrde degre.

¶ Dic

Cfabaria maior.

THYS is the lesse Brocke-
lempe, it hath leaues in ma-
ner longe, & somewhat roūd
lyke to Myntes, thys is good too
laye to a place that is brosed, or to
be swellynge, if it be fried wyth
swepes talowe.

Cfebrifuga.

☞ Thys is named fetherfoy thys
vertue is to comforte a mans sto-
macke, it is good to asswage ỹ exes
cotidian, the crampe, and to tem-
per it that commeth of colde sto-
mackes. Also it is good to lay to a
sore that is byttē with venemous
beastes. It wil heale it shortly and
it be layde therto. Also if it be tem
pered with Aysel it will do awaye
the Morphewe. Also if it be stam-
ped

ped and layde to a wounde in the whiche be broken bones, it shall bringe the broken bones together and heale thē, and the roote therof is good to stoppe the blody Menison. And this herb is hote & dry.

¶ Feniculus.

This herbe is called fenel or fenkel, the vertue of this herbe is thus, if the sede be dried it is good and cōforteth the stomacke, it openeth the stoppynge of the raynes of ỹ blader. Also the ioyce is good to do awaye the webbe of the eyes of a man, and it be dronken with wyne and water, it is good too do awai al maner of venim. Also the ioyce dropped in the eares of a mā it wil slee wormes in a mans head. And also if it be dronkē with wine it wil put awaye the Dropsye and al maner swelling, and kepeth hī frome castinge, and if it dronken with wine and water, it maketh a

womās mylke to encreace. Also if it be medled with Oyle it is good to yele a mās yarde that is swollen. And this herbe is hote & drye.

¶ Fenticulus poeticus.

☞ This is called Wormelede. It is good too distroye wormes in a mans body, this herbe is hoote & drye.

¶ Fe nigrecum.

☞ Thys is called Nigreke, thys herbe hath a longe stalke, and it hath leues like to thre leued grasse and it hath coddes, his vertue is if it be sodden in water it maketh a man laxatyue without any peryl, and it is hoote and drye in the seconde degre.

¶ Filex.

☞ This herbe is named Ferne, of this be thre spices. The first is called Dompody, the second is called Osmounde, and it groweth in dyches and woodes, and it hathe a great

greate roote, as Pynapples, it is good to heale broken bones. The thyrde is Euferne, and it groweth in walles, and Polipod ie groweth in Okes, it is good to make a mā laxatyue. This that groweth in woods, it is good to hele the gout and it maketh sinowes strong.

¶ Filipendula.

¶ This herbe is called Dropwort the vertue of it wil destroye the euel wyndes about a mans lyuer, and his mylt, and it is good to destroy the stone, it is hote and drye in the seconde degre.

¶ Flamula.

¶ Flamula is called Sperewort, or Lauuel, it is muche lyke to a spere, and in the crop of the stalke commeth manye layre and small braunches, and it hathe a whyte stoone, and it groweth in waters, hys vertue is if a mann haue the feuers, and the pounces of him a-

nointed therwith, he shalbe hole and it is good to breake botches, and byles, and it is hote and drye in the thyrde degre.

¶ Flamula.

☞ Thys is called the lesse Spere worte, this herbe hath smal leues lyke grasse, but it is sharpe lyke a spere, and it groweth in feldes, his vertue is, if a heade be cut it wyll heale it anone.

¶ Fragra.

¶ Thys is called Strawbery, the vertue of thys herbe is good for blered men. Also it is good too destroy the webbe in a mans eyes. Also the ioyce of it medled with hony, and dronkē helpeth the mylte.

¶ Fumus terre.

¶ Thys herbe is called Fumitarie, or earth Gal, hys vertue is to comforte a mans stomacke. Also it geueth a man appetite to meate, and it helpeth a man to make wa-

ter,

ter, and it openeth the liuer, and it cleareth a mans bloude. Also if any drink therof with whey, it destroyeth scabbes, ytches, bladders, and euel humours, it is hote and drye in the firste and seconde degre.

CHAPTER LIIII. Littera. G

Galanga.

THIS is named Galingale the vertue of this herbe is thus, it coforteth ỹ stomacke and maketh hym well too digeste hys meat, and vnbindeth and letteth out euell wyndes of a mans bodye.

Genciana.

Thys herbe that men doo call Felwote or baldimony, his vertu is if it be dronke with water and hony, it helpeth the swellyng in a

mans body, is his stomacke, and it is good for venemous beastes, and it deliuereth a woman of a deade childe, it is hote and dry in the seconde degre.

¶ Genestula.

¶ This herbe men doo call it Genestre or Brome, ỹ floures be good in medecines, and it hath a yelow floure, hys vertue is to knit bones and synowes together.

¶ Gladiolus.

¶ This herbe is called Gladon, the vertue of it is good to make a man to cast. Also the roote of it is called Accorus, the which is a very special medecine to breake the diseases of women.

¶ Granum solis.

¶ This is Gromel or Lyche wal, the vertue thereof is good for the stone, and for al euels in the bladder. This herbe is hote and dry in the seconde degre.

Gra-

¶ Granum solis agrestis.

¶ Thys is called wylde Gromell it is somwhat lyke to other Gromel, but the seede thereof is somewhat gray, it groweth in dyches, it is good for the stone.

Hic incipit de littera, Y.

¶ Hastula regia.

THYS is named Wodrofe if the roote therof be stāped & dronkē with wine, it wil heale a sore in the mouth. Also ỹ seede stāped & drōken with strong Ayfell it wil staunche the flyxe, and make the wombe harde.

¶ Herba crutiata.

¶ Herba crutiata is a herbe that men call Cromworte, thys herbe hath litel leaues and a smal stalke

with whyte floures, and it is lyke to a crosse, thys is good too heale woundes.

¶ Herba cristoforj masculi.

¶ Thys is called Christofer, the Male it hath leaues lyke too the Crowsope, but they be more white and not fully so longe, it hath yelowe floures, his vertue is to hele the Epulence and the Francye.

¶ Herba Christoforj femini.

¶ Thys is named Christofer Female, it hath leaues lyke to herbe Peter, but they be not in allowhit and it groweth muche by the waters side, it hath a long stalke, and is of lyke operation as before is spoken of the other.

¶ Herba Roberti.

¶ Thys is named herbe Roberte, it hath leaues like to herbe Benet and it hath small floures lyke to purple colour, and it hath a strōg sauour, and his vertue is to heale

woundes

woundes, the pouder of it will slee Cankers.

¶ Herba Johannis.

¶ This is called sainct Johānes worte, the vertu of it is thus, if it be put in a mans house, there shal come no wicked spirite therin. Also it is good to stanche al fluxes of bloude.

¶ HIC INCIPIT LIT-tera. I.

¶ Jarns.

THIS herbe is named Cokopintel, this herbe hath leaues like to Mercurie, and a floure like to Dragand, and it is bitter and pricking vpō the tong. his vertue is, yf a man haue anye swellinge vpon the tonge, or any swelling about his eares, take ȳ herbe and seeth with rose leaues

in wyne and oyle, and with comin and make a playster therof and lai it to his eares, and it wil make hī hole. Also take the knobbes of the rote, and dry them and clēse them and they haue vertue to make a man laxatiue yf it be constypputatiue. Also yf thou will make thy face whyte and clere, take the pouder of the rootes and lay it in rose water, and set it against the Sūne tyll it be consumed, do so twyse or thryse, than rub thy face with the pouder, or what other place thou wilt, to frete awai the superfluite of the flesshe, and than thy skynne shall seeme fayre and whyte, thys herbe is hote and dry in the secōde degre.

¶ Jasia nigra.

¶ Thys is called Watefelon, or Bulwede or Knapwede, the vertu of thys herbe is to put awaye all maner of felon in yong chyldren

by

hyp hrekinge it fourthe in scabbes or water pulshes.

¶ Iperia maior.

¶ Thys is named Pynpernell, it hath leaues lyke to Chykenwede, it is good to heale woundes, & too destroye venym, and to heale a mā of the Postume, and to heale sore eyes.

¶ Ireos.

¶ Thys herbe is called Saue, it hath leaues muche lyke vnto the flourdelyce, and it hath a whyte flour, it groweth in water, the vertue of it is good to heal the akinge of synowes. Also yf it be dronken with wine or ale, it will destroy euel humours in a mans brest, and the coughe. Also it destroyeth the Crampe, it heleth the biting of venemous beastes. Also if a woman haue a dead child within her it will deliuer her without perill, it is hote and drye in the seconde degre.

Iris.

Thys herbe is called Floure de lyce, thys is like to an herbe that is called Saue, almost in all fetures, but the floure is moore ynde blewe, this herbe groweth in water and gardyns. It is of the same vertue that Saue is of.

Isopus.

This herbe is called Isope, hys vertue is, yf a man take the ioyce therof, and put it in his mouth, it wil heale al maner of euels in the mouth. Also it sleeth wormes in a mans wombe, and maketh it nesshe Also if it be dronken grene, or in pouder, it maketh a man well coloured, it is hoote and dryye in the seconde degre.

Iusquianus.

Iusquianus is called Henbane his vertue is good for the goute, namely those that come of melancolie. Also the seede therof and

the seede of Hemlocke medled to-
gether and a candel made thereof
or bzent vpon a tyle stone, and let
the smoke go vpto a mās mouth
in especial amonge the teeth, & it
will slee wozmes. Also the rootes
be good foz the tothe ache. Also ȳ
toice therof is good foz al wōndes
Also it swageth the cough and the
hote postume, and the hote goute.
Also the seede of this herbe shulde
be gathered in the moneth of Au-
gust, thys herbe is colde and dzye
in the thyzde dogre.

CHAPITLE LI
tera. L.

Labzum veneris.

THIS is called Sowthy-
stoll, the vertue of thys herbe
is this, yf a man haue a
hote feauer, take the ioyce thereof

and

and temper it with hote water, & let him drinke it, & he shalbe hole. Also if a man haue venim within him, take this herbe and drye it & make pouder thereof, and doe the pouder in good wyne, and let him drynke it, and it wil cast vp all the venim, it is hote and dry in the seconde degre.

¶ Lactuca.

¶ Thys herbe is called Lettyse, or Sleepe worte, the vertue of thys herbe is thus, yf it bee eaten rawe or soden, it engendreth good blud. Also this herbe soden with a litel Aysel and Saffrō, and than dronken, it helpeth a man that is stopped in the lyuer, and in the mylte. Also yf a man may not slepe, take the seede of this herbe and stampe it to pouder, and temper it wyth womans mylke, and make a playster therof on lynt, and lei it to the tempelles of thy heade, and thou

shalt

haite slepe well, or els drynke the pouder thereof with mylke. Also take the seede, and temper it wyth oyle of Roses, and make a plaister and lay it to the stomack, and it is good to destroy the hote postume. Also drynke the iuice of this herbe or pouder of the sede, for it is good to heale the flyxe. But who that vseth this herbe ouer much, it wil destroye their sight, thys herbe is colde and somewhat moyst.

¶ Lactuca siluestris.

¶ Thys is called wylde Lettyse, thys herbe hath leaues like to the Thystell, and they be sharpe and kene, and it hath a floure of purple colour, and it groweth in feeldes and in wheate. Thys herbe is hote and drye.

¶ Lectuca leporina.

¶ Thys herbe is called Harthystel, this herbe hath leaues like to Sowthystel, but the leues be not

so

to endented, it droppeth milke, the vertue of this herbe is thus, yf a hare eate of this herbe in Somer whā he is mad he shalbe hole. Also take this herbe, and laye it to a mans syde whan he slepeth, or els that he know not therof, & it wyll heale hym of the feuers.

¶ Lapatium rubeum.

This is called the red Docke. if that a man take the ioice therof and holde it in his mouth, it wyll aswage the tothe ache. Also if a man haue the kynges euell, take this herbe and seeth it in wyne, & strayne it and geue him to drinke. and he shalbe hole if he vse it ofte. Also if a man rubbe him with the ioyce, it doth away euel itchings. Also this herbe is good to deliuer windes that be stopped in a mans stomacke balking. Also this herbe is good to make scabbes and botches rype. Also it is good to make

a man

a man to haue a harde wombe, it is hote and drye.

¶ Lappa.

☞ Thys is called Clottes, or Burres, the stalke therof nere the rote is very good for Sallets.

¶ Lauendula.

☞ This is called Lauender, yf this be sodden in water, geue that water to a man that hath the palsie, and it wil heale hym, it is hote and drye.

¶ Lauriola.

☞ This is called Lawrel, it wyll make a man laxatyue, and it is good to pourge a man of flewme, and of the colour, it is good for a man that may not eate, for yf the ioyce therof be put in his eares, or if the said herbe be stamped and a suppositorie be made thereof and laide on Cotton, it wil hele it, it is hote and drye in the thyrde degre.

Ligu-

¶ Ligustrum.

¶ This herbe is called primrole this herbe is good to potage. Also the ioyce put in a mans nose it wil destroy the Megrim. Also it is verye good for the Palsie.

¶ Lilium.

¶ Thys is called the Lylye, the vertue of this is, if it be stamped with talow and oyle, and a playster made therof & layde to a place there as the postume is, it shal ripe it and make it to breake. Also take a greate quantytye of the rootes and the seede of the Docke, and ye rote of Lowache, and put al these in wine and oyle, the space of .ix. dayes and afterward seeth it and clense it, and do therto waxe, and make therof an oyntment, & that is good to heale the looze and the hardnes of the mylt. Also the ioice therof is good to heale the venym of adders. Also laye ye ioyce therof

to

to a wounde that is bytten, and it will heale it. Also take the rootes and roste them, and temper theym with oyle of Olyue, and lai it to a place that is brent and it wil heale it. Also this herbe is good for many other thinges and diseases if it be dronke with ale, wine or water Also it heleth and cōforteth much a mans sinowes. The vertue of this herbe is in the rote, and this herbe is hote and dry in the secōd degree.

¶ Lingua ceruina.

¶ Thys is called Hertes tongue, the vertue of it is good to rype a postume, and breake it, yf it be soden with oyle of roses and a playster made therof, and if it be dronken with wine or ale, it wil hayde a mans wombe, and it is good for the coughe, and it is hote and dry.

¶ Lingua bouis.

¶ Thys is called Langde befe the

vertue of this herbe is good to do away the red colour of a man. Also if it be dronken it doth awaye ỹ Cardiacle, & other euell humours in a mans lunges. Also the ioyce of this herbe dronken with hoote water, maketh a man too haue a good minde and a good wyt, thys must be gathered in June, or July it is hote and dry in the. ii. degre.

¶ Lingua serpentis maior.

This is called Adders tonge, this herbe hath leues like to Affodyll, but they be more grene, and also more sharpe in the ende, thys must be gathered in Aprill.

Lingua serpentis minor.

This is called the lesse Adders touge, this herbe hath leues somwhat lyke to Pegil, and it hath a yelow floure, and out of the stalke commeth many braunches, and it groweth in woodes.

Lingua

¶ Lingua canis.

¶ Thys is called Houndestonge, it is good to distroye the cough & the postume, & it wil rype a boche. Also it draweth thornes out of a mans flesshe, yf it be layde too the pricking playster wise.

¶ Lingua hircina.

¶ Thys is called Buckeshorne or Swineskere, thys herbe hath leaues faltered as it were an Hartes horne and groweth creping by the grounde, and it hath a litel white floure, it groweth in waterye places, it clenseth and comforteth the stomack and healeth the burning of fyre.

¶ Linum.

¶ This is called Flexe, it is good if a man take the sede thereof and seeth it in water, it maketh a man laxatiue, and it is good to make a plaister therof for aking sores. Also there is an other spyce thereof

that is called Cuscuta, it is named in Englishe Dodure, and it groweth amonge flexe, the vertue of this is good to purge a mā of the colour. Also if it be taken ꝛ a great quantite therof sodden with Wyn and oyle together, and a playster made thereof, it is good for the raines, and for the brest, and for other aking limmes.

¶ Linisticum.

¶ Lowache this herbe is called, his vertue is much in the sede, the roote therof is good to be dronke with wine to hele a mās stomacke and for other euels within a man and for to make good digestion, it is hote and drye in the secōd degre.

¶ Linquiritia.

¶ This is called Licorise, the rote of this herbe is swete and it moysteth the kindly hete of a man, and it is good for the coughe. Also if it be sodden in water, it wil destroi a

mans

mannes thurste, Also it maketh a mans breake, hys throte, and hys longes moyst and in good temper thys is colde and moyst.

¶ Lollium.

¶ Thys herbe is called Cockell, thys herbe hath vertu if it be dro-ken with Raddish and a litell salt it is good to hele the Canker, or o-ther woundes in peryl. Also it is good to comfort the stomacke, and the lyuer. Also it wil vnbind wor-mes in a mannes stomack. Also it helpeth a man to make water, and it is good for sore eyes. Also some fumigacion therof wil make a wo-man to bere her childe without any peril or harme. Also it wil alwage the great paines of akynge of the lyuer, it is hote and drye.

¶ Lupinus.

¶ Thys is called Luppyne, thys herbe hath leaues like to fiue leaued grasse, the Lupine hath lyke

leaues, and it hath a whyte flowre and a white sede that is somwhat broder, and it bereth coddes somewhat lyke vnto Beane coddes, the vertue of thys herbe is thus, yf a man haue wormes in his wombe, take the sede and make mele therof, and the ioyce of Wormewoode and hony, and make a cake therof and eate it, and it vnbyndeth the stoppinge of the lyuer, and of the mylte. Also it is good to destroye the dropsi. Also take the same mele and the ioyce of Arsmert, & make therof paste and lai it to thy eares and it shal kyl the wormes within them, or yf thou make a cake and eate it, it will do the same. Also yf thou will take the ioyce of Lykes, and temper it with the meal, and put it in thy eares, it shal clēse thē fro al euel humours, and stinking Also take the same mele & temper it with oyle, & it wil breake & rype

all

all maner of postumes, this herbe is hote and drye.

Here incipiteth the tera. M.

Maces.

THIS spice is hote and dry in the second degre, Maces be rides or huskes, it groweth aboute the Nutmegge, as the rynde groweth aboute the Hasell nutte, it may be kepte ten yeare in hys vertue, it is comfortinge, dissoluynge, and consumynge, the knowledge of fine maces is thus, it shuld be in coloure lyke to fyne golde, or els like to golde that syluer is gylte with, the which hath a sharpe talage, with a bitternes, and it that loketh lyke to earth, is to be refused, for it hath no sharpe sauour, for a colde stomacke, that

may not dekie nor degest well, take Maces and boyle thē in wine, and drinke it. Also a good playster, the which is best for a feble stomacke, make pouder of Mastike, and of Maces, and medle them with oyle of Roses and Waxe, and make a playster thereof, and laye it on the stomack of the sicke person. Also to clense the brayne of superfluous humours, take a quantitie of Maces, and chewe theym well in thy mouth, and hold thē there a while and that shal louse the fumosite of humours ỹ rise vp to the braines, and pourge the superfluyte of it. Also for feblenesse of the stomacke and of the lyuer of a colde cause, & for the colyke, and for the diseases of the spirituall membres, or flewme, boyle Maces in the ioyce of Fenell, and in the ende of the boyling, put in a litell wyne, than straine it and drinke it, for it is the

best

best remedy for the forsaide diseases. And for the ache of the herte, vse pouder of Maces in thy meates and drynkes.

¶ Maioran.

¶ Thys herbe is hote and drye in the seconde degre, the floures and leaues bee vsed in medecynes, it shuld be gathered in somer, whan it flowreth, and drye it in the shadowe. It may be kepte a yeare, it hath vertue of comforting, of lousinge, of consuminge, and of clensing, if the pouder of it be dronke in wine, or els boyle the pouder of it in wine, and it wil hete wel a stomack. Also it comforteth the digestion. Also take the leues & floures of Maioran and powne them a lyttel, and make them hote in a pane and lay it to thy greuaunce, and it taketh awai the disease in the stomacke that cometh of wynd. Also for the rewme in the headde, take

this herbe and bynde it warme about thy heade. Also it dryeth the mother, and consumeth the superfluyte of it.

¶ Malua.

This herbe is called Malowe, the vertue of it is good, if the leaues be stamped and layde to a mās stomacke, it will breake a hote postume in the begining, or els medle this herbe with freshe swines grece and lay it on a hote tyle, and lay it al hoote to the postume & it shal ripe it and breke it. Also it is good to destroy the hardenes of a mans lyuer and mylt. Also it will make a man laxatyue, & it is good for plaisters, it is colde & moyste.

¶ Mastike.

Thys Gumme is hote and dry in the seconde degre. It is a Gum of a tree growing in a parte of the countre of Grece, in the later ende of IVLY, the men of that countre

fyrste

ryete the trees, and than make the
grounde clene about the trees, or
some othe cumynge too kepe the
Gumme from the grounde in cha
sing of it, to knowe whiche is best
to take, the best is whyte and clere
and that ỹ is medled with earthe
and somwhat dark is not so good
the beste Mastyke, hath vertue of
constrainting, comfortting, clēsing
and loulinge of humours, descen-
dinge fro the heade aboue too the
eyes and to the teeth, and for the
disease of the temples, made of an
ascendinge winde fro the stomack
to the head. Take pouder of Ma-
stike, with whyte swete wine, and
the whyte of an egge, and meddell
them wel together, and ye will, ye
may put in frankensence and plai
ster it to thy tēpels. Also seeth Ma
stike in water and drinke it, and it
wil comfort well the stomack, and
make good degestion, and it com-
forteth

sorteth and relaxeth the stomache and put it to fevel sede, and it put teth out winde out of the stomach Also a playster made of Mastyke and boyle Armaniake, and the whyte of an egge and vyneger; & lay it on the sorke of the stomache or brest, and it wil constrayne wel the colorike vanite. Also seeth ma styke in raine water, and drinke it with warm water, and this mede cine is good for the flure of the wombe that commeth of a sharpe lare that was taken before to stop him. Also boile Mastike in rayne water, or Rase water with two or thre cloues and drynke it warme, and that comforteth the vomite or flux of the wombe that commeth of sharpenes and violence of the medecine. Also mastike must haue but littel boylinge for hurtinge of his vertue, and it shulde be geuen warme, for it constrayneth more

whan

whan that it is geuen warme, tha
whan it is ouer muche hote.

¶ Menta ryal.

¶ Thys herbe is called Mynte
rial, his vertue is if it be oft eaten
it will slee wormes in a mannes
wõbe. Also if a man haue botches
or other renninges, or swelling in
his head, take this herbe & stampe
it and lay it to the sore, and it wil
heale it. And if a mans toth or the
flesh of the toth ake or stinke, take
this herbe and seeth it in whyte
wyne and in Aysell; and take the
licoure and wash his mouth ther-
with, than take the pouder of the
herbe & rubbe wel his teeth ther-
with, & he shal haue a swete smel-
ling mouth. Also take thou thys
herbe and Aysel and make sauce,
and it wil make the to haue a ta-
lent to thy meat. Also when there
shalbe geuen any medecine to de-
stroye venim, it will be good to be

geuen

geuen with the ioice of this herbe for it hath many vertues & namely for venim, there be many spices therof, and it is hote & drye in the seconde degre.

¶ Menta romana.

¶ Thys is named whyte Mynte, the vertue therof is, the ioyce will slee wormes in a mans wōbe. Also the ioyce will slee wormes in ỹ nosthyrilles of a mā. Also the pouder thereof cast in a mans meat, it shal make hī wel to dely his meat.

¶ Menta rubea.

☞ This is named the red Minte, it is hote and dry in the second degre, & there be two other Myntes, but I meane houle Myntes, the which properlye is sayde, garden Myntes, for that most comonly is in medecines both grene and dry, for greate holsomnes, it shulde be dried in a shadowe place, and so it wil be kept a yeare in great vertue

to

to dissolue or louse, to consume of his proper qualite, and to comfort of his swete sauoure, for the stinking of the mouth and filth in the gummes and of the teth, wash thy mouthe & gummes with vyneger that Wintes be sodē in and after rub them with the pouder of Wintes, or with dry Wints to prouoke the appetide whan an impedimēt of the stomacke that commeth of cold humors, being in the mouth of the stomacke, make a salue of Wintes and vineger with a litte Synamon and Peper, and vse it wel againste vomites that cometh of febleneſſe of the stomacke or of colde causes. Seeth Wyntes in Sauge water and vyneger, and lay it on the mouth of ꝑ stomacke with the Wyntes that be sodden therein. Also geue to the paciēt to eate of thesame Wyntes, for the syncopyn and febleues in feuers.

and

withoute feuers, or of medecine or of what cause it be, stape Mintes with vyneger and a litel wine if the patiēt be without feuer, and if he be with feuer, stampe mintes with vyneger alone, than make a toste of sower bread, and toste it wel tyl it be almoste drē, than put it in that licour and let it lye therin til it be wel soked, thā put it into his nose and rubbe his lippes, gums, teeth, and temples therewith and bynde it to the pulse vayne of hys armes, and let the pacient eat the moistnes that is left, and swalow it in. For to clēse the mother, take the tender croppes of Mintes and seeth them in water or wyne, and playster it to the share, and to the raines, agaīnst the congeling in a womans breaste, take the smalle stalkes of Mintes, and seeth them in wine and oyle and plaister it about the teres. Also be it knowē

that

that whā any medecine shoulde be
geuen against venim, it shoulde be
geuē with the ioice of Wintes, for
Wintes haue a maner of stregth
of drawynge oute of venym, for
elis it shuld be with wine that Wi-
tes hath be soddē in, for stoppyng
of the splēne and the lyuer and of
the waies of the vryn of a cold hu-
mour & of a hoote without feuer.
Take the ioice of Wintes alon, or
Wintes soddē in wine or the ioyce
of Wintes medled with hony, and
geue it to the paciēt. To slee wor-
mes in the belly, take the ioyce of
Wyntes and drynke it, and thou
shalte be hoole. Also the ioyce of
Wites sleeth worms in ye eares.
For a tetter take ȳ ioyce of Win-
tes and put therto brymstone and
vyneger, and medle thē wel toge-
ther and anoynt the tetter there-
with, and thou shalte be hole. For
a wounde in the heed shape Wyn-

tes and lay thē on the wound. &c.
For pain in the side, take Myntes and seeth them in olde wine or ale and with it stampe .xviii. graynes of peper and drink it in the night. there is but litel differēce betwen this Mynte, and the Romayne Mynte, this is the garden Mynte.

Mercurialis.

¶ Thys is called Mercurie, hys vertue is good yf a manne haue a-kyng in his wombe, geue hym to drinke the ioice and he shalbe hole it wil clense the stomacke, and the sede wil do the same. Also the ioice tēpered with white wine, is good to hele sore eyes, and if a worm or other venym haue byten a man, take the ioyce and warme it, and washe it. Also if there be any wormes croppen into a mans eares, take the ioyce and warme it, and put it into the eares, and he shalbe hole, this herbe is hote and moist.

Mile.

✠ Wilefolium.

¶ Wilefolie the lesse, thys herbe is called. There is no differēce of kynd nor vertue betwene Wilefoly the lesse, and Wilefoly ȳ more saue the more groweth in gardēs and the lesse in wylde places, they be both of one strength, his vertu shalbe declared in Wylfoyle, the more folowinge by letter.

✠ Wilefolium maior.

¶ Thys herbe is called Wilfoyle, the great or yarowe. King Achilles founde this herbe, and with it he healed his men that were woūded with yron, for woūdes stampe this herbe with swines grece, and playster it to the wounde & it shall heale it, and thesame is good for all ache in the breast or syde, it is good for them that may not pysse, take the ioyce of this herbe and by neger & drink it, and meruelously it helpeth a wounde, that hathe

take colde. Stampe this herbe in butter and laye it to the wounde, and it will hele it wel. Also to digest the stomack or that hery ther in, take the iuice of it and medle it with water and hony, and drynke it warme. Also for diseases in the bodye, take the pouder and medle it with wine or with good ale, & drynke it and it helpeth much. Also it is good for heart dremynge. Also for the head ache stampe this herbe and playster it to the head. Also for biting of a woode dogge, stape this herbe with the graynes of wheate & it healeth it. Also for him that may not holde his meat, stampe this herbe with wyne and drynke it warme.

☞ Morella.

¶ This herbe is called petye Morell or nyghte shade, this herbe is colde and dry in the second degre, the leaues, the braunches, and the

fruyte

fruyte thereof be right good, and best whan they be greue, they be good for stoppinge of the Splen, and the liuer, and best for the Ia-delle to drinke the ioyce of it with a litle Rabarbe. Also for a postume in the stomacke, in ỹ bowels or in the liuer, seeth ỹ ioyce therof with barly water, and drynke it.

☞ Mother wort or Mug wort.

¶ This herbe in Latyne is called Artemesia, and it is hote & drye in the seconde degree, this herbe helpeth a woman to conceiue a child and clenseth the mother, and maketh a woma to haue her flowers and it destroyeth the Emeraudes on this maner. Firste they must be gathered, then take porder of Mother worte, and of Horehound together, and straw it on the paps. Also if a childe be dead in the mothers wombe, take Mother worte and stampeth it smal, and make a

playster therof, and laye it to hys
wõbe al cold, and with the grace
of God she shall haue delyuerãce
without peryll, it is good for the
stone and the grauel in the rayns
of a man or of a woman, if a man
bere this herbe vpõ hym, ther shal
no venemous beast greue hym. It
is good for the yelow tandes and
if it be drũken with wine, for it cõ
forteth ỹ stomache & maketh a mã
or woman to haue good colloure

¶ Hic incipit

Littera. N.

Napus.

THys is named Nauewe, it
desireth ground that is fatte
and sandi, it groweth best in
such ground. ¶ The property of the
Nauewes is, ye changeth & tur-

neth

neth into rape, & after that it turneth into Nauewe. The best doth grow in groūd wel dūged & turned Also it proueth wel in places that stubble of Corne hathe ben in the same yeare. If they grow to thick plucke some vp here and there, so that the other may proue ỹ better and those that ye plucke vp, sette them in voide places. They shulde be sowen in the ende of July, and in Auguste, the best sauoured Nauewes be they that bee longe and streyght, and not ouer greate nor braunches in the rootes, but a streyght roote. Also of Nauewes may be made a passing good meat with a littell salt and vineger, honye and mustard, and with swete spices, & it mai be made without spices. Nauewes be hote in the seconde degre, and thei norish much but they be hard of degestion, they make the flesshe solte and wyndye.

but lesse winde than rapes. Therfore whā ye seeth them in water, caste that water awaye, and seeth them in another water, and so his harde substaunce is tempered by that, and so menely betwene good and euell, they gender norishinge, for they that be thus wel sodde be not harde of digestion, they make one wyndye, and they make stopping of vaines and of poores, but yet thei be profitable if thei be sodden twise, and both the waters to be cast awaye, and they to be sodē with the thyrde, with fatte fleshe.

¶ Nux muscata.

¶ Nutmegge is hoote and drye in the secōde degre, the best groweth in Jude, and in the time of his rypyng it is gathered, and seuē yeare it may be kept, they that be playn and peny after their kinde, be best to be chosen. Also whā they be broke they fal not to pouder, but thei

haue

haue a swete and sharpe sauoure, if they lacke any of these aforesaid thei be not good for medecines, he hath vertue of comforting by his swete sauour, for coldnes and feblenes of digestion of the stomack take in the morning halfe a Nutmegge or a hole Nutmegge & eate it. Also for a colde stomack that is feble of dig[illegible]īo, and for the lyuer geue him [illegible] ꝑ the Nutmegges is boyled in. Also for ꝑ same boile Nutmegges and Mastike in wine and drynke it, this is good for the diseases in the stomack and in the bowelles to breake wynde. Also in the recouering of a sickenes to cōfort the spiritual members, boyle Nutmegges & Mastyke in wyne & drinke it. Also take a Nutmegge and smell to it, and it wil comfort the spirituall members.

☞ Nenufar.

Nenufar is a water Lylye, and

groweth in waters, and hathe a white floure, the leafe therof lieth alwayes aboue the water, it is colde and moyst of operacio and a very profitable herbe to make syropes and drinkes for al maner of hote agues and feuers that commeth of great heate of the lyuer. Also the floures of this herbe stiped a night in water, and ỹ water drunke in the mornynge and the floures put into the nosethyrylles, taketh awaye all the payne in the head engendred of heate.

Nigella.

Nigella is called Cockell. Also a plaister of the meale therof with the ioyce of Wormewode, and laid to the nauel, sleeth wormes in the wombe, and specially in children. Also the seede steped all nighte in white wine and the wine drũk in the morning, heleth the stranguri dissury, and pliacke palsyon

Nux

¶ Nux communis.

¶ The Walnut eaten with Rewe is good against all venim, and yf it be stamped wyth Salte and an Onyō, it is a good plaister for the pitinge of a madde dogge.

Hic incipit de littera. O.

¶ Olibanum.

OLibanum is called Frankē-sence, thys is hote and drye in the seconde degree, it is a Gume of a tree in Inde, the cleerest is the best. Also there be trees of that kynd growinge in Damaske but not clere nor good, for it is darker of colour, therefore it is to be refused in medecine, it hath vertu of comfortinge by his swete savor. Also of closinge and constraynynge

for the toth ache that commeth of superfluyte of humoures of the head, and specially by the vaynes, make a plaister of pouder of frankensence with wyne, and ỹ whyte of an egge medled them together, and playster them about the temples. Also to stoppe the wayes of the vaynes above, take Frankensence, & chew it well in thy mouth and that shall stoppe, and lette the flux of humours cõming doune to the nosethyrlles. Take pylles of Frankensence, and swalow them doune in the morning, than boyle frankensence in wine, and at euẽ dryuke that wham thou goest too bedde. Also these pylles be good to helpe the digestion of the stomack and good against sore walkinges. Also to the constryinge and clensinge of the matryx, and helpinge of conception in the receiuing the fume of Frankensence beneth. Also

boyle

boyle poulder of it in wyne, & whā it is metely warme, dip a cloth in and lay it so warme too the ēare of the patient, and greatly it comforteth the matryx.

Oliandrum.

¶ Oliandrum, is an herbe called Oliandre, the leaues thereof are like to Laurel, but they be longer this herbe soddē in water helpeth against scalded legges, yf they be well bathed therein.

Oleum oliuarum.

¶ Oyle of olyue is very profitable for one that is bytten with a mad dogge, yf the wounde be rubbed therwith, with a new cloth tyll it blede.

Ordeum.

¶ Ordeum is Barlye, the vertue therof is, if it be boyled with Licoryse in water, it helpeth the feuer, and impostumes in the breast and shorte rybbes. Also the meal ther-

ostmired with egges and vineger, and playster wyse layde to an impostume, it letteth the impostume to grow or go any further. Also a plaister made of the meale therof, mired with Turpentine, Hony, & Lylly rotes, softeneth and ripeth impostumes.

Hic incipit

Littera. P.

Papaner.

This is called Popie, it is cold & dry. There is two kindes of them. The whyte Poppye is colde & moyst, & it is good to cause one to slepe. The seede therof well gathered may be kept ten yeare, it hath vertu of clēsing. It is put in medecines wt a determinatiō as ȳ sede may be receiued of whyte Poppy or

py or blacke. for to prouoke a slepe make a plaister of eche of them. or one of thē w womans milke, & the whit of an egge & lai it to ỹ temples. The woman of Salerne gaue to their chyldren the Poppye, but they wolde geue them no blacke Poppy for it made thē to much yeuy. Also for a hote postume in ỹ beginning and for chasing of the lyuer, take the seede of white Poppy or els the herbe of it and stampe it & medle it with Oyle of Roses, and playster it to the greuaunce. Also for dzynes in feuer etike and in other feuers take and hete Oyle of vyolets, medled with pouder of Poppy seede, and anoynt the small of the backe therwith.

¶ Parataria.

¶ This herbe is called Pertozy, and it is hote and dzye, the vertue of this herbe is thus. If a man haue an euel stomack, or els akyng

wichyn hym, take this herbe and seeth it in thy potage and eat ther of and thou shalte do well. Also this herbe is good to heale one of the stoone yf he be bathed with it, and also drinke with pollet ale.

☞ Pastinaca.

¶ This is called a Persneppe, it is hote and moist in the second degre. There be two maner of Persneppes, the one is the Persnep of the garden, and the other is the wilde Persneppe, the gardē Persneppe is vsed more in meat than in medecine, his vertu is to engēdre thick bloud & much, wherfore it styreth the lust of the body yf it be much vsed, therefore it is good for a man that is newli recouered out of his great sickenes to vse to eat it a while. Also thei be good to be eaten rawe or soden, for the melancoly humours, grene and dry. To make a cirope to stirre the lust

of

of the body, and for to comfort the digestion, take rootes of Persneps and seeth them well in water, thā take them out and caste away the water, & the rootes that be in god bettes boile them again in water, thā put therto hony wel clarified and let them boile vnto the thicknes of hony and continually stirre it, that it cleue not to the vessell & in the midle of the boyling, put in Almondes if ye haue them, in the ende of the boyling, put in ginger Galingale, and a littel Peper, and Nutmeges, and other swet sauoured spyces. Also Persneppes may be sowē in December, Januarye, and Marche in fat grounde deepe dolven and lose grounde and well digged, and thei be somwhat windye. Boile thē in two waters, but cast awai the first water. Also ther is Persneppes that is somwhat read, the which mai be eaten both

ra we and rosten, and with them
and Nauewes together ye maye
make a very good meat, and faire
and read in colour, the whiche be
lodden as Perſneppes be.

¶ Piper.

¶ This is called Peper, it is hote
and dry in the third degre. There
is thre maner of Pepers. Blacke,
white and long. Diaſcorides, and
Cõſtantine ſaith ỹ they be frutes
of trees, growynge in Inde, and
ſome ſaye ỹ Peper is made blacke
with brennyng in the fyre, for why
it is gathered ther be a great mul
titude of Serpentes about it, and
therfore they put it in the fyre to
bren the Serpentes that be about
it, the Sarayns dry it in an ouē,
because it ſhall not encreaſe in an
other lande. But of al the Pepers
the blacke is the beſt, and the moſt
hollome. Take peper and put it in
to the nose thrils, and it wil make

to

the to mete, & eate Pepper and figges in wyne, and drynke it and it wil clense the spirituall membres of tough humours, and it is good for the pose that is taken of colde. Also for the same cause poulder of Pepper with figges. Also poulder of Pepper put in a mans meat, comforteth the digestion of the stomacke. Also put longe Pepper in a rosted apple and eate it, and it shal comforte the digestion. Also powder of Pepper wil treat away dead flesshe, or proude flesshe, and longe Pepper cõforteth more than blacke. Also blacke Pepper hath vertue of purginge, comfortinge, and of drawing, it clenseth the spiritual mebers of olde flewme and byeyous humours, and best whan the poulder of it is eaten with figges, for it hath great strengthe of hetyng and comforting ỹ stomache prouokinge appetite, but to Sanguyne

and Colozyke perſonnes, it is not good to vſe Peper, foz it dieth and hennet blode, and it engendzeth leper, & other euel ſicknes. Plato ſayth that Peper is foule to ſee in ſighte, without black and within with a ſharpe ſauour and a ſwete Odoure, lyttell in quantitye and muche in vertu.

¶ Petrocilinum.

☞ This is called Perſley, this is hote and moyſte in the ſeconde degree. It multiplieth greatly mās bloude and doth away the Tiſike, it helpeth wel to deſtroy the feuer tertian, it is good foz the ſyde and the dzopſye, it comfoztеth the hert and the ſtomack, and it is good in potage and to ſtoppe Chiekens.

¶ Pencedanum vel Feniculus pozcinus.

☞ This herbe is called Maſth oz Hogges fenel this herbe is hote and dzy in the ſecond degre, whan

thys

this herbe is gathered for medecines, the roote is bitter than the herbe, whā the rotes be gathered they may be kept al a yeat, it hath a purging vertu, it is good for the strangulion or the flure, and good for stoppinge of the splen and the lyuer, boyle this herbe in wyne or water, and geue it to the paciēt to drinke. Also seeth it in oyle & wine and plaister it too the share and it wil helpe the strāgulion or the flix Also the same playster is good for hardnes of the splen, it mortifieth that. Also agaīst the cold humors of the spiritual mēbers geue hym to dryuke water with Barlye, and this herbe sodden together, and if it be a feruent colde humor than seeth ȳ Barly & the herbe in wine, and geue it to the paciēt to drinke with Licorice.

¶ Peonia.

This is called Pieny, it is hote

and dry in the lecõe degre, to sayth ypocras & Galien the good phylosophers, they saye that the roote therof serueth too diuers medecines & it it wil last ten yeres, & it is colde for the palsy, dry ỹ roote and drinke pouder with Caster sodden in wyne. Also the same is good for the stone. Also if a man be costiue and may not go to ỹ draught, take and strawe the pouder thereof on Cotton, and put it into his foũdemente, and drynke the pouder in white wyne. Also for a man or woman that hath ỹ falling euel, eate it and drinke it in wine. Also hãge the roote aboute his necke, and it wil saue him without dout within fiftene dayes. Also it helpeth ỹ sores in the mouth. Also yf thou seeth it in wine it helpeth ỹ splen. Also drinke Pieny with water & hony, and do therto pouder of Coliander, and this is good for the

stomacke

stomack, for the myst and for grauell in the raines. Also it is good for women for diuerse diseases. Also seeth it in white wine, & giue a womā to drink therof, and it wil heale her bledder, and make her to pysse the stone, and it wil heal her of the payne in the matrixe. Also Pieny sede, whā it is black it maketh deliuerance of the bed of the child in her wombe, and at euery tyme whan she shall vse to drinke it, she must drinke fiftene sedes at one tyme.

¶ Pinpernel.

☞ Thys herbe is good to s heale woundes and to destroye venym, & to hele a postume, and sore eyes.

¶ Plantago.

¶ This is called Plaintaine, it is colde and dry in the seconde degre, for head ache take Plantaine and bynde it aboute thy necke and the ache shal go out of thy head. Also

for diseases in the body, seeth this herbe in good licour what ye wyll and vse to drynke it, and it shall clense the maw and the other inwardes. Also for him that bledeth at the nose geue him to drinke the ioyce of it and it shal cease lightly. Also if the bodye of anye man bee wered hard, stãpe this herbe with grece and make a plaister of it and laye it on the hardnes, and lightly it shalbe soft & make it hole. Also for bytinge of a Serpente, take this herbe and drink it with wine Also for the disease in the mouth. take ỹ ioyce of this herbe, for him that may not wel pysse, seeth thys herbe and drink it. Also for a rotten humor in the brest and about the hert, take ỹ iopce of this herbe thz weyght of. r. ỏ. & medle it with hony and geue him to eat a sponefull at one tyme, & that shal purge the brest, for ache in the feete, take

thys

this herbe with vineger & drynke it. Also it healeth woundes, and clenseth the fylth out of wounds. Also it swageth rankeling & stau-che the memeyons bothe with drynke and with playsters made with pouder of Armoniake and of Sandragowne and Barly medled with the white of egges made in a plaister and layde to the sooze, for the Canker and the payne in the gummes, take the ioyce thereof & medle it with honye and vyneger and pouder of Allume, and that shall slee the Cāker in the mouth. Also for the feuers stampe, three rootes of Plantayne, and temper it with water, and geue hym too drinke that hath the feuers and he shalbe hole, for the Jādes stampe Plantayne and Lettyse together, and temper them with vineger & make a plaister therof and lai it to thy right side, and vse it tyll thou

de hole, and it is good for the by-
ting of an Adder, drinke the ioyce
of it and lay the substaunce of the
herbe to the soze, for the same hāge
the roote of Plantaine about the
necke of the pacient, and merue-
lously it helpeth, for the gout and
for the disease in the kinowes, stāp
the lepues of it with a littell salt,
and plaister it well therto, & mer-
uelausly it helpeth.

¶ Polipodium.

¶ Thys is called Pollypodye, it is
hote and drye in the second degre.
Thys Polypody is a Fearne that
groweth vpon Okes or on walles
or stones, but the Polypody that
groweth on Okes is the best. Ga-
ther the rootes of it and laye it a
daye in the Sunne, chose that is
grene, and that whyche appere dry
whan it is broken, it is to be refu-
sed, he hath vertue of dissoluinge,
of drawinge, of purginge fle wme,

and

and ſpecially melancoly, wherfore commonly he is put in boylynge to fumatike a melancolious hole men, to preſerue their healthy, and know well that in the boyling of Polipodye ſhoulde be put in ſome thyng to exclude and put outwentoſite, as Anyſe ſede, Fenel ſede, or Comin, or els all theſe afore ſayde ſedes together, for thei exclude out much wynde, and vnbinde the humours. Alſo for the Cotidian and for Iliake paſſyon, and too kepe a mans healthy do thus, ſtampe half an vnce of Polypodie, or an vnce yf ye will haue it muche laxatyue than boile it with Prunes and violets in Fenell water or Anyſe, in a great quantite, thã ſtrayne it and geue the pacient at morning and euening. Alſo ſtampe it and ſeeth it water with Fenel ſede and with water, and make a brothe with a Chichin therin, with ſwete ſauou-

rod

ted spices, and geue the pacient to eate. Also make a drinke therof after this maner, stampe it and boil it in wine, & after put more wine therto, and so make vp your drinke with swete sauoured spices.

Porrum.

This is called a like, it is hote and dry in the .ii. degre, it desireth loule grounde and fat & well dunged, in that they shall beste profite in hote places & temperate. They may be sowen in December in tēperate places & colde. They maye be sowen in January, February, & Marche whan the ground is well dygged and dighte, and it maye be sowen by it selfe or medled with other sedes of herbes, in good fatte grounde well dygged and turned aboue it with good dūge, this sede wolde be sowen somewhat thicke and whan they be somwhat sprōg take vp the greatest Lykes and

plante

plante them in forowes, but take awaye none of their rootes whan ye se thē in the forowes, but whā yeset them with a dyble, than cast awaye the rootes almost vp to the leke head, and cut awai the vppermost of the leues, they may vt plāted in Julye, August, September and October, they be much profitable in Marche and in April nert folowinge, but in your plantynge you shall not seke after fatte softe grounde, for menely ground that is almost drye is best, there is two maner of setting of Lekes, one is in forowes, as is the maner in Bononye & the one forow must be fro the other a span large, and the Lekes must be set in the forowe. iiii. fingers brede, eche fro other, and whan ye make the nert forow, cast the earth on the Lekes and treade it doune softly with thy fote. The seconde maner is thus, whan the

grounde

grounde is well dygged and tylled than make hooles wyth a greate dyble and euery hole from other a large span and moze, in which the Lekes must be sette, but fyll not thy hooles noz put earth on them but let them be voyde thze wekes, whan wedes growe among them pull them vp and kepe them clene fro wedes. Diuers auctours saye that the Lekes that be thus planted be better thā any other, oz they may be wel planted among great Onyons, and whan the Onyons be taken away, wede the Lekes & you shal fynde thē faire and good, and whan ye pluck vp leaue some in a place and leaue some foz sede the whyche sede may be kept thze yeare and it be hanged vp in the huskes. Lekes be best sodde, oz thze times washed before they be eatē. For a wounde take Lekes & stampe them well with hony and lay it to

the

the wounde and it will heale it, for the cough take the ioyce of Lekes vse to drynke it, for the same take the ioyce of Lekes & medle it with womans mylke and vse to drynke it, and it will clense the longes of all vyces.

☞ Fracturas solidat, durities que relaxat.
Vulnusque appositum: ceto cum sale claudit.

¶ Piretrum.

☞ This is called Pelleter, it is hote and dry in the seconde degre, the rote is vsed in medecines, fiue yeare he may be kept in his vertu and knowe ye well that his sharpnes is not knowē, it shuld be powned and holden in the mouth. He hath vertue of lousinge, and drawing, and of cōsuming. To make a gargarysme, take Pelleter and figges and boyle them in vinegre or swete wine, and it wil clēse the

brayne of superfluite of flewme. Also if it be chewed in ỹ mouth it helpeth the palsye in the tongue. Also for the palsye and the Goute, stampe it and seeth it in wyne & oyle and plaister it to the greuãce, this plaister helpeth muche, therfore if thou may haue grene Pelytor stampe it and lay it lokinge in wyne fiftene daies, and after boil it well, and put thereto waxe and oyle, for this is the best oyntment for all the forsayd diseases.

¶ Pruna.

Plummes be colde and moyst, some be white, some be black, and some be read. They that be blacke and somewhat harde be the beste, they be called Dãsons, and whan they be rype, gather them and slyt them and sprynge vyneger vppon them, and so they may be kept in a vessell of woode a yeare, and fyrste whan they be cut they must be laid

in

in the Sunne fiftene dayes to dry these Bãlous haue vertu of coldenes and clensynge of the inwarde partes, wherefore they be good in feuers that be sharpe, and for costiuenes of the bellye that cõmeth of dryenes or of colorike humours dryeng, yf they be newe geue hym them to eate, yf they be drye boyle them in water, and geue ỹ pacient to drincke thereof, this is good for the feuer tertian, for stoppinge of the liuer, for the Jandes, & sharpe feuers, it softeth the bellye, it is good for defaute of appetite, and for many other diseases.

¶ Pulegium.

¶ Thys is named Pulion royall, it is hote and dry in the seconde degree. In the tyme of flourynge it should be gathered, and it maye be kepte in hys vertu a yeare, wyã it shalbe bled in medecines, take the leaues with the flours, and stripe

them fro the stalk, and it hath ver-
tue of losing and consuminge, for
colde humours in the heade, take
pouder of it and heate it wel in a
skyllet, and al hote binde it to the
greuaunce without any lycoure.
Also for a great colde taken in the
head, and for a tough humoure or
a watery humour, make a garga-
rysme, seeth Polyal roial and drye
figges in a tarte vineger, and take
a good sponful thereof as hote as
ye may suffer it, and hold it in thy
mouth tyll it be almost colde, tha
put it out and take asmuch more,
and do so thre or foure times, and
that shall purge thy head well of
flewme. Also seeth it in wine and
drinke it, and it is good for the dis
ease in the stomacke & guttes, and
for colde causes, for the wynde in
the stomacke. Also it is good for
tough flewme in the brest, if thou
take pouder of it & medle it with
clarified

clarified hony, and make a lectua-
rie therof, and vse to eate therof or
take the herbe therof and boyle it
with wine, honi, or water, and vse
to drinke therof. Also for the black
colour, drincke the ioyce of it or
boyle it with wine and thou shalt
be hole. Also for any ytchinge boyle
lay this herbe in water and vse to
washe the ytchinge therin warm
and thou shalte be hole. Also for
ache take this herbe all grene and
stampe it and plaister it to ỳ ache
and it wil ease it. Also against the
coughe boyle this herbe in wyne
and drink it luke warme, and this
wil make one to pysse wel. For the
disease in the bellye, stampe thys
herbe with Comin and water, and
lay it hote to the nauell and light-
ly it shalbe hole, for the diseases in
the liuer stampe this herbe and te-
per with water and vineger, and
drinke the ioyce therof, and thou

shalbe hole. For an ache in the legges & armes, take ỹ leaues of Elders, and Pulioll royal, of euerye lyke much, and stampe them together wel and playster it to the greuaunce, and it is good for the feuer tertian, if thou take the braunces of this herbe and wrappe it in a good locke of wol, and geue it to the pacient and let him smel therto, before the feuer come to hym, and that shall do hym great ease. For the head ache take thys herbe and binde it fast round about thy head, and anone it ceaseth ỹ ache. Also yf a woman haue a deadde chylde in her wombe, stampe thys herbe and geue her to drink with olde wyne, and she shalbe delyuered of it by the grace of God. For the Crampe drynke the ioyce with vyneger & sastynge, and it will put it awaye.

¶ This

Quinque folium.

Quinquefolye is colde & drye in the seconde degree, this herbe is good for ache in ioynes lymmes, and for ache in the heed, mouthe, tunge and thoose that be sore, take and seeth this herbe in wyne, and gene the pacyent to drinke therof this [illegible] fyue and laste and he shalbe hole. Also stape it and drynke the ioyce of it in ale, and it will [illegible] gnawinge of a man or a woman. [illegible] bleed [illegible] gene him to drynke the [illegible] it with wyne, and [illegible] heed [illegible] the ioyce of this herbe, and [illegible] the [illegible] For to lese a [illegible] seeth the herbe and the grese of a swine and [illegible]

a playster therof and laye it on the
canker and it shal slee it. Also take
pouder of quinkefoli and medle it
with hony, & therwith rubbe thy
mouth, tunge and throte, and the
chekes within and it wil purge it
wel. Also for poison and biting of
a serpent, take the ioyce of quinke
leaf, and drynke it with wine and
meruelously it resisteth venim.

Hic incipit

Liber. II.

De nettels.

Nettle is good for him
that hath the sundenes com
ming forth, & for the palesy
& emerodes. Take nettels and
stampe them smal & seeth the in an
earthen pot, with a pozcio of whit
wine tyl halfe be wasted, and geue
the

the patient to drinke first and laste warme, and laye the herbes to the fundamente as hoote as the pacyent may suffer it, and vse this medecine tyll it be hole.

¶ Rybworte.

¶ Rybworte is good for the feuer quartayne, take the ioyce of thys herbe and drynke it two houres before ye thinke thy disease shall come to you: & by the grace of God it shall go from you.

¶ Rosa rubea.

¶ This is the rede rose, it is cold in the first degree, and drye in the seconde degree. Of redde Roses and grene Roses be diuers medecynes and of grene Roses be made many confections. Also dry Roses be put in medecynes, but a receyte of fresh Roses is made, for they be soone made in pouder. Of Roses is made Mel roset. Sugar rosat, syrop of roses, a lectuari of roses, water of roses

and oyle of Roses. Melrosette is made thus, take faire purified Honye and new read roses, the white endes of them clypped away, thē chop theym smal, and put thē into the Hony and boyl thē menely together, to know whan it is boyled ynough be, ye shall know it by the swete odour and the colour read. Fyue yeares he may be kept in his vertue. by the Roses he hath vertue of comfortinge, and by the hony he hath vertu of clensinge. In Wynter and in Somer it may be geuen competently to feble sicke, [illegible] welcome, and welcome people. Also Hulsa decoade of water and Melrolet, and it may be geuen after the thyrde day that it commeth out of the boylynge for to clense the stomacke of calde humor, geue him Melrolet with water that fenel seed is boiled in putting therin thre grayues of salte.

yl the ſicke may take it this ſhould be the quãtite of Roſes and hony. In ſeuen pounde of Hony put a pounde of Roſes. Suger roſet is made thus, Take newe gathered Roſes and clãpe them right ſmal with Suger, thã put in a glaſſe & xxx. dayes let it ſtande in ỹ Sunne and ſtirre it wel and medle it well togetiher, & ſo it may be kept three yeares in his vertue. The quãtite of Suger & Roſes ſhould be thus, in .iiii. pound of Suger .x. pounde of Roſes, he hath vertu of cõſtraynynge and comforting of the flux in the wombe. Take Suger roſet and powder of Maſtyke of euerye one a dram, and medle thẽ well cogether and geue it to the ſicke, after that geue hym roſe water that Maſtike and cloues be ſodden in. Syrope of Roſes is made thus ſome do take Roſes dyght, as it is before ſayd, and boyle them in wa

ter, and in the water strayned they
put suger and make a sirope there
of, and some do make it better, for
they put roses in a vessell, having
a straycht mouthe, and they put
to the Roses hote water and they
let it stande a dai and a night, and
of that water putting to it suger,
they do make sirope, and some doe
put more of Roses in the foresaid
vessel and more of hote water, &
let it stande as is before saide, and
so they make a redi water and
therof a sirop. And some do stepe
new Roses, and then strayne out
the ioyce of it & suger therewyth
they make sirope, and this is the
best making of sirope, and know
ye wel that sirope made of freshe
and newe Roses, firste somwhat
meauely they lave, in the ende they
binde, but sirope made of dry Ro-
ses firste and laste they binde. Sy-
rope of Roses hath vertue of com
fortinge

fo;ting, and constraining againſt the flure of the wombe and tye vo mite, geue it to him with rain wa ter o; with Roſe water in a feuer. After letting of bloud, giue it him with cold water. Alſo the ſame fo; the Sincopine. Oyle of Roſes is made thus, ſome boyle Roſes in oyle and kepe it, Some do fyll a glaſſe with Roſes and oyle, and they boyle it in a Caudron full of water, and this oyle is good, ſome ſtampe freſh Roſes with oyle, and they put it in a veſſel of glaſſe, and ſet it in the Sūne. iiii. dais, & this oyle is good againſte chafinge of the lyuer, yf it be anoynted there wyth. Alſo it is good fo; the diſeaſe in the head that commeth of yete, anoynte the fo;head and the tem ples with oyle of Roſes. The wa ter of Roſes hath vertue of com fo;ting and constraining againſte the flux of the wōbe and vomite.

Also geue hym Rosewater boyled with Mastick & cloues, it is beste agaynste the flure and feblenes of bertue, yf it come of a flure by a sharpe medecine. Also Rosewater is good for the Syncopyne & the Cardyacle geue it hym to drynke and sprynge the water on his face and the water is good for eies and in oynmentes for the face, for it taketh away the wēmes & the superfluyte & straineth ỹ skin. Also drye Roses put to ỹ nose to smell do cōforte the brayne and the herte and quencheth the sprite. Also against the flure of the wombe of colour, geue hym Roses boyled in rayne water. Also a playster made of Roses & the whyte of an egge and byneger, and dyp a sponge in it and lay it on the mouth of the stomack agaynst the syncopyne, geue hym to drynke water that Roses haue ben boyled in, & geue hym pouder

of

of Roses in a rere egge, too make Oyle of Roses, take twoo pounde of Oyle, a pounde and a halfe of Roses and put all in a glasse, and put the glasse in a Caudrō full of water and hange it therin & boyle it tyl the thyrde parte be wasted & after strayne it through a lynnen cloth, and kepe it for your vse, for this oyle is losing and serueth for many thinges. Some do put Rose water in a glasse, and they put Roses with their dew therto, & they make it to boile in water, thā they set it in the Sūne tyll it be readde and this water is beste, this hathe vertu of comforting and constrayning, and for the flux of the wōbe, and agaynst the vomite.

¶ Rosemary.

¶ Thys herbe is hote and drye, take the flours and put them in a lynen clothe, and so boyle them in fayre cleane water to the half, and

cole

cole it, and drynke it for it is muche worthy agaynst al euels in ỹ bodye. Take the floures and make poudre therof and bind it to the righte arme in a lynnen cloth, and it shal make thee light & mery. Also eate the floures with hony fastig, with soure bread, and there shall rise in the none euel swelliges. Also take the floures and put thē in a cheste amonge youre clothes or amonge bookes, and moughtes shall not hurte them. boyle the floures in Gotes mylke, and than let them stande all a nyght vnder the ayre faire couered, after that geue hym to drynk therof that hath the tisik and it shall deliuer him, boile the leaues in whyte wyne & wash thy face therewith, thy berde and thy browes, and there shall nothynge breake out, and thou shalt haue a fayre face. Put ỹ leaues vnder thy beddes head and thou shalbe delyuered

uered of all euell dyseases. Breke
the leaues smal to pouder and lai
them on a Canker and it shal sle it
Take the leaues and put them in-
tu a vessel of wyne and it shal pre-
serue it fro tartnes and euell sa-
uoure, and yf thou sell that wyne
thou shalt haue good lucke in the
sale. If thou be feble with vnkind
ly swete, take and boile the leaues
in cleane water, and whā the wa-
ter is colde, do therto as muche of
white wine, and thā make therin
soppes and eate well thereof, and
thou shall recouer appetyte. If
thou haue the flux boil the leaues
in stronge Aysell, and binde them
in a lynnen clothe, and bynde it to
the wombe, and anone ỳ flux shall
withdraw. If thy legges be blo-
wen with the Gout boyle ỳ leues
in water, and than take the leaues
and binde them in a lynnen clothe
aboute the legges, and it shall do

the good. Take the leaues & boyle them in stronge Ayselt, and bynde them in a cloth to thy stomache & it shall deliuer the of wormes. If thou haue the coughe, drynke the water of ỹ leaues boiled in white wine, and it will hele the. Take the rinde of Rosemary and make pouder therof & drynke it for the pose and it shal helpe the. Take the timber therof and burne it to coales, and make pouder therof, and than put it in lynnē clothe and rub thy teth therwith, and if there be any wormes therin it shal slee them & kepe thy teethe frome euels. Also make the a boxe of the wood and smel to it, and it shal preserue thy youth. Also put therof in thy dores or in thy house, and thou shalt be without daunger of Adders and other venemous serpentes. Make the a barel therof and drynke thou of the drynke that standeth the nis

and

and thou nede not to feare no poy
son that shal hurt the, and yf thou
set it in thy gardē kepe it honestly
for it is muche profitable. Also yf
a man haue loste his smellinge of
the ayre, or els he maye not drawe
his brethe, make fyre of the woode
and take his breth therewith, and
geue it him to eat & he shalbe hole.

¶ Ruta.

¶ This is called Rewe, thys is
hote and dryc in the seconde degre
the leaues and the sedes be vsed in
medecines, the sedes may be kept
ten year, and the leaues a yeat, he
hath vertu of purging, dissoluing
and consuming, for the head ache
take the ioyce of Rewe and hete it
& put it into his nostrylles, for
it purgeth out fume and clenseth
the brayne, the ioyce sodden wyth
wine is good for the same. For fe-
bleness of sight put Rewe in a pot
with ale, and let the patiēt vse to

drinke of it. For stoppinge of the spleen and lyuer, the strāgurye and the flux, seeth Rewe in wine with rootes of fenel or pouder of Rew with the ioyce of fenel and drink it warme. Also for an ache or fretting, stampe Rewe with pouder of Comin, and plaister it to the greuaunce. Also against venim drinke the ioyce of Rewe. For bitinge of venemous beast or worm, plaister Rewe to ẏ biting. For feblenes of eyesighte styll water of Rewe and Roses together, and put therof in your eyes. Also an oyntment for sore eyes, stampe Rewe & fenel together of iche like much by weight and medle theym with honye and Eufrase it is a good oyntmēt for eyes. Take rewe, Comin & Peper, of iche like much by weight, & grid them smal together and medle thē with hony and vynegre, and it is good for the ache in the brest and lyuer raines.

Hic incipit de littera. S.

Saluia.

SAge is hoote in the firſt degre, & dry in the ſecõd degre, the leaues onely be takẽ in medecines both grene & dry, he may be kept a yere, ther be two maner of Sages, ỹ gardẽ & the wylde Sage. If thou wil haue Sage in for medecines take the leaues of garden Sage, for that cõſumeth more & cõforteth more thã the other doth for the Palſy ſeeth the leaues of Sage in wine and vſe to drink it. for the ſame ſeeth ỹ leues in wine and plaiſter to the greuance. Alſo it is good too put in ſauce for the ſtrãguri, the flux, and the matrice it cleſeth, ſeeth ỹ leaues in water and let the pacient ſit ouer it, and

receyue the hote fume of it, and it shal do him much good. Also it is good for veni or poison, seeth sage in Ale or wine, and vse to drink it thre dayes and thou shalt be hole by the grace of God. For the stomacke, drincke the ioyce of Sage with water & hony, and it is good to clēse a mās body to vse it both the ripe and grene, it wil make a mās body cleane, therfore who that useth to eate of this herbe or drink it, it is merueyl that any inconuenience shulde greue them that vse it. If ye haue an ytchinge on you wash it wel with the ioyce of thys herbe and it shal se ytchinge. Also drinke Sage and wine and a lyttel wormwode, and it shall cease the ach vnder the sides, the wōbe and the stomack, it is good for the palsye and dropsye.

¶ Saturegia.

¶ Thys is called Sauerye, it is hote

hole and drye in the thyrde degre, seeth it in wine or water & drinke it, and it purgeth the raines, the bladder, the mẽstruosite in the bowelles, it purgeth the longes, and loseth greate humours, and compelleth and putteth him out by ỹ mouth by spitting, therefore he is brenning and stirreth him that useth to lechery, therefore it is forbidde to vse it muche in meates. Soke it in vineger or wyne, and drinke it, & it shal make thee haue a meke stomack. Also whã it flowreth it shuld be gathered and dried & pouder made thereof. Also take the pouder of Sauerye and boyle it with clarified honye and vse to eate therof, or boyle it in wyne & drinke it, and it will louse toughe flume in the brest. Also for freting in thy belly drinke pouder of it in warme wine and thou shalbe hole. Also yf ye take the iesse Sauery it

hath thesame vertue and strength that the other Sauery haue. Also make grewel with water & floure and pouder of Sauerye, and eate therof and that shal clense all the spiritual members of a man.

¶ Sauayne.

¶ Thys is hote and dry in the seconde degre, it is good to slee wormes in the wombe, and to bringe them out yf it be sodden in wyne, and geuē to the pacient to drynke. It is good with butter or greece to make an oyntment for the scabbe that rēneth to heale it, and dry it vp, & it is good for the heade ache, yf it be stamped and tēpered wyth vineger and make a plaister therof and laye it to the temples, and vpon the molde of thy head.

¶ Saxifragia.

¶ Thys is hote and drye in the .ii. degre, for the stone seeth ỹ roote of it in wyne and drynk it. Also it is

good

good for the disease of the Colyke and the strangury, and the pouder of it bee eaten with an egge, it is good for the same. It may be dept in hys vertue three yeare.

¶ Scabiosa.

¶ Thys is called Scabious, it is hote & dry in ỹ. iii. degre, to dryye it ther is no profit ī it, for scabs take ỹ ioice of it, vineger & oile, & boyle thē together til thei waxe thick, & kepe it, for it is good for scabbes. For the Emeraudes seeth them in water, thā sit ouer it and take the fume of it and vse it, & thou shall be hole, stāpe it and seeth it ī wine and the drynke is good to destroye humours in the stomack, & drynke it eueri dai fasting with Euphrase and thou shalte be hole, and thou shalt neuer haue the pestilēce brēding within the while thou do vse it. For the lyuer stampe it and seeth it in wyne and drynke it.

Scamony.

Scamonye is hoote and dryye in the thyrde degre, the leaues onely be beste in medecines, it maye be kept a yeare in hys vertue or two for nede. For the disease in the stomack boile ye leaues of it in wine & drinke it. Also the aforesaid drink is good for the bely, & for the strangury and fluxe. Also a stewe made with boilig of it in water or wine is good for the forsaid disease, if it be boiled in oyle, and plaister it to the forsaid disease for it is better.

Sene.

Sene is hote and dryye in the seconde degre, it groweth in the other syde the sea, and most aboute Babilon: the beste be the floures and the branches of it. It is good for many diseases, as the fallinge euel, for the Sinacop, for the sple for the Emeraudes, & for the quartaine, siroppe made of it boiled in water

water and Suger is good for all the aforesayd. Syrope made with the ioyce of Borage is good for the foresaid. Also Dialcorides cõmaũdeth to make Ermel of the forsaid with boiling of vineger and hony and it wil be good for the foresaid, and this herbe mai be kept, x. yere.

Sengrene.

¶ This is colde and moyst in the thirde degre, ỹ ioyce of this herbe and also the same herb is right necessarye for many diseases, stampe this herbe with grece and plaister it to the disease and marueloussye it helpeth. For disease and darckenes of eyes, stampe this herbe and put of the ioyce in the sore eyes, For chafinge of the liuer take the ioyce of it and vineger and dippe a cloth therin, and plaister it too ỹ greuaunce. For biting or scalding make an oyntment of the ioyce of this herbe and oyle of Roses and

ware, but lay it not to tyll after ye thre firſt daies, but firſt anoint it with greece & ſuche other. Alſo for a diſeaſe of a hote cauſe, this herb is good to be layde therto.

¶ Selondine.

¶ Thys is hoote and drye in the ſecond degree, & Galien ſaith that it is good for ſoore eyes, take the ioyce of Selondine and boile thē wel together in a panne and whā it is colde anoynte the eyes therewith. Take Selōdine and wring oute the ioyce and medle it wyth white wyne, & anoynt thy vyſage therwith and it ſhal do away frekels of the viſage, the ioyce of Selondine and Gotes dunge medled together ſmal in a morter, than if thou laye it to a Canker in a womans pap it ſhall ſlee the Canker Alſo take the ioyce of Selondine, and ponder of brimſtone and medle them well together and it will

helpe

helpe to do awaye the Wozme we. And seeth ỹ roote in wine, & wha the pot is taken doune lette hym holde his mouth open ouer it that the breath may go into hys body, and that shal se the Canker in the mouth, it is good for hi that hath dronke venim with his own stale and that will saue hym.

¶ Sinapium.

¶ Sinapium is called Mustarde it is hote and drye in the medle of the thyrd degre, and not the herbe but the seede is put in medecines. Fyue yeare he may be kepte in hys vertue. He hath vertu of loulinȝ, of drawing, of makyng thyn, & of consuming. For the Palsye of the tunge, take and chewe the sede in your mouth and hold it vnder the tunge, and it shall doo you good. Also for the Palsye in other membersseeth ỹ sede in wine and laye it to ỹ sore place, and it is beste in

the

the beginning of the diſeaſe. Alſo take the pouder of it, & put it into youre noſethyrlles, and it wyll make you to neſe, and it clēſeth ỹ brayne, and ſuperfluyte of flewm. Alſo ſeeth it in wine & fygges and holde it warme in your mouth til it be almoſt cold, thā take aſmuch more and do ſo fiue or ſix tymes a day, aſmuch an other dat and this is good for an olde poſe of toughe and flumy humours in the head. Alſo for ſtopping of the ſplen and the lyuer, ſeeth the ſede in water, with rootes of Fenel than ſtraine it and put therto Honye, and geue it to ỹ ſicke to drink. For hardnes of the ſpleu ſeeth the herbe of it in wyne & plaiſter it to the greuāce, for to rype and breake a poſtume. ſtampe this herbe well with hogs grece and lay it to ỹ poſtume. Alſo for the Strangury take the ſeede of this and ſeeth it in oyle & wyne

and

and plaister it to the greuance and it will louse it. Also for the ciatica and for other olde sores take Mustarde sede, and the thyrde parte of cromes of white breade, & frygges hony and vineger after as ꝑ ache of the sore requireth, the more of the figges and the honye, that is ther ꝑ more sharper is ꝑ strengthe of the sede, and ꝑ more breade and vineger that is in it, the more weiker is the sede, but I saye not that ye shal put this confection too all sores, but to greate and old sores. His vertu is yf he be eaten it sharpet a mans wit, it clenseth the belye, it breketh the stone, it purgeth the bryne menstrosite, and comforteth the stomacke.

¶ Sothernwode.

¶ Thys herbe is good for the rough, and for biting in the belly, and in the brest and for the disease in the bones, and good for theym

that

that may not well pylle, take the
fede of this herbe and stãpe it and
drinke it with water. & it is good
for all the aforesayde. Also for the
diseases in the syde, stampe thys
herbe with Beanyne and drinke it
and it helpeth wel. Also for the bi-
ting of a Serpent and for venim,
stãpe this herbe and drinke with
wyne and it is good. Also for the
cold ffeuer stampe this herbe with
wyne and drink it, and thou shalt
be hole.

¶ Sticheworte.

¶ Thys is called Stycheworte,
or Birostonge, thys is hoote and
moyst in the first degre, the vertue
of this herbe is, it is good to heale
woundes and sore eyes.

¶ Smalage.

¶ Take Smalage seede, Rewe
sede, Peper and salte, and grynde
them wel together & temper them
with wyne and drynke it, for it is
good

good for colde and euell humours in the stomack and comforteth the stomack, the lyuer and the lunges it is good for woundes. for ranke lunges. and to cease the brennyng. and akinge, and to bringe them to their kinde agayn. Also it is good to drynke for the feuer tertian.

¶ Hic incipit

Littera. C.

☞ Caplus barbatus.

¶ This is called Mole, it is cold & drye. It is good for Emeraudes, & it be soden in wine & clenseth clene. Also it is good to wash the greuace therewith, it is good also for ye flux in the bellye.

☞ Cowne cresles.

¶ This herbe is hote and drye in the seconde degre, the sede wil endure

dure good tyue yeare. It is good to
staunche the flure and the menciõ
yf thou take the seede and bruse it
in a morter of brasse, and geue the
sicke to drink therof thre dayes, e-
uery daye a penye weighte at once
with red wine warmed, & in those
thre daies he shalbe staunched, or
els he shal dye of that euell, it is
good for the palsy, & for the male
slãke, take ỹ sede and seeth it with
wine and do it in apoket and bind
it to the side there as the greuãce
is. Also it is good for him ỹ maye
not wel pisse, take the sede & seeth
it in wine and oyle oliue and bind
it to thy share. It is good for a
mans fũdament that goeth oute,
yf it be take of colde than it muste
be put in agayne, and strawe the
pouder on the fundemẽt, thy ray-
nes with hony, and than strawe ỹ
pouder aboue with the pouder
of Comin, or pouder of Calafine,
for

false the shallops of Dowis trewis,
and blame them and yet is ware no
venemous beast, ne wolfe nor bere
the sauoure nor smell therof, but
he shall dye or flee away.

Hic incipit

Litera.

Quærenda.

Vin ernine is hote & dry in the
second degree. It is good a-
gainst all manner of venims or
venimous beestes. Drink it tempe-
red with wine, & stampe the herbe
& lay on euery manner of biting of ve-
nemous beestes, & it draweth out
the venim and saue the sore, who
that drinketh it, it will make his good
breath, and do away stynke of the

ney tertian, take the rootes & tis
grops of the same herbe, & stampe
them and temper them with fayre
clene water and geue it to the pa-
cient to drinke. Also who ỹ hath
the feuer quartain, let hym take ỹ
same drink. Also it is good for the
ꝑ ſyon, the lyuer and lõges. Also
take Verwaine, Betaine, an Saxi-
frage, and of euerye of them lyke
much and stãpe them with wyne
tempered, & thys is good for them
that hath the stone. Also thei that
bere questuine vpon them, they
shall haue issue of great mayſters,
& they shal graũt him his askinge,
if his askinge be good & rightfull.

Violet.

Violet is colde in the first de-
gree, and moiſt in the ij. for blaſte
in the eyes, take the rootes of Vio-
lets, and stampe them with Hir &
Safrõ, and a nyghtclay it to the

sore

soze eyes. Also soz a wounde in the head, stampe the leues of violets with hony and vyneger and playster it to the wounde and it shall heale it. And soz thē that may not slepe soz sickenesse, seeth this herb in water, and at euen let him sothe well hys feete in the water to the ancles, whā he goeth to bed, bind of this herbe to his temples & he shal slepe wel by the grace of God. Take violets, Mirre & saffron, and make a plaister and lay to the soze eyes that be swollē, & it shall cease aking and bate the swellig.

Vua suauis.

¶ Thys is called the swete Raysen, it is hote & moist, it hath vertue of clensinge, scouring oz smothinge. Raisens eatē oz boyled in wine is good soz the colde cough, seeth thē in wine and thei be good to playster on the colde postume, and good soz a colde stomacke.

Herb. D.

Watercrelles.

Watercrelles be hote and drye in the second degree, seeth the herbe in water by them selfe, and drinke it, or seeth it in ale thye, and suppe of the broothe and it will clense wel the inwarde members. Also it is good against the strangulion, and the pip of the same.

Wilde nep or woodbinde.

This herbe beareth a floure lyke to the poppe, and after the floure he beareth a greene berye, & he hath a great roote, the vertu of the herbe is most in y roote, it is good for swowes that be sycke or carte to make them lople & too haue their own courle in their pro per kynd. Go to the roote of wilde neppe, that is lyke woodbinde, and

make

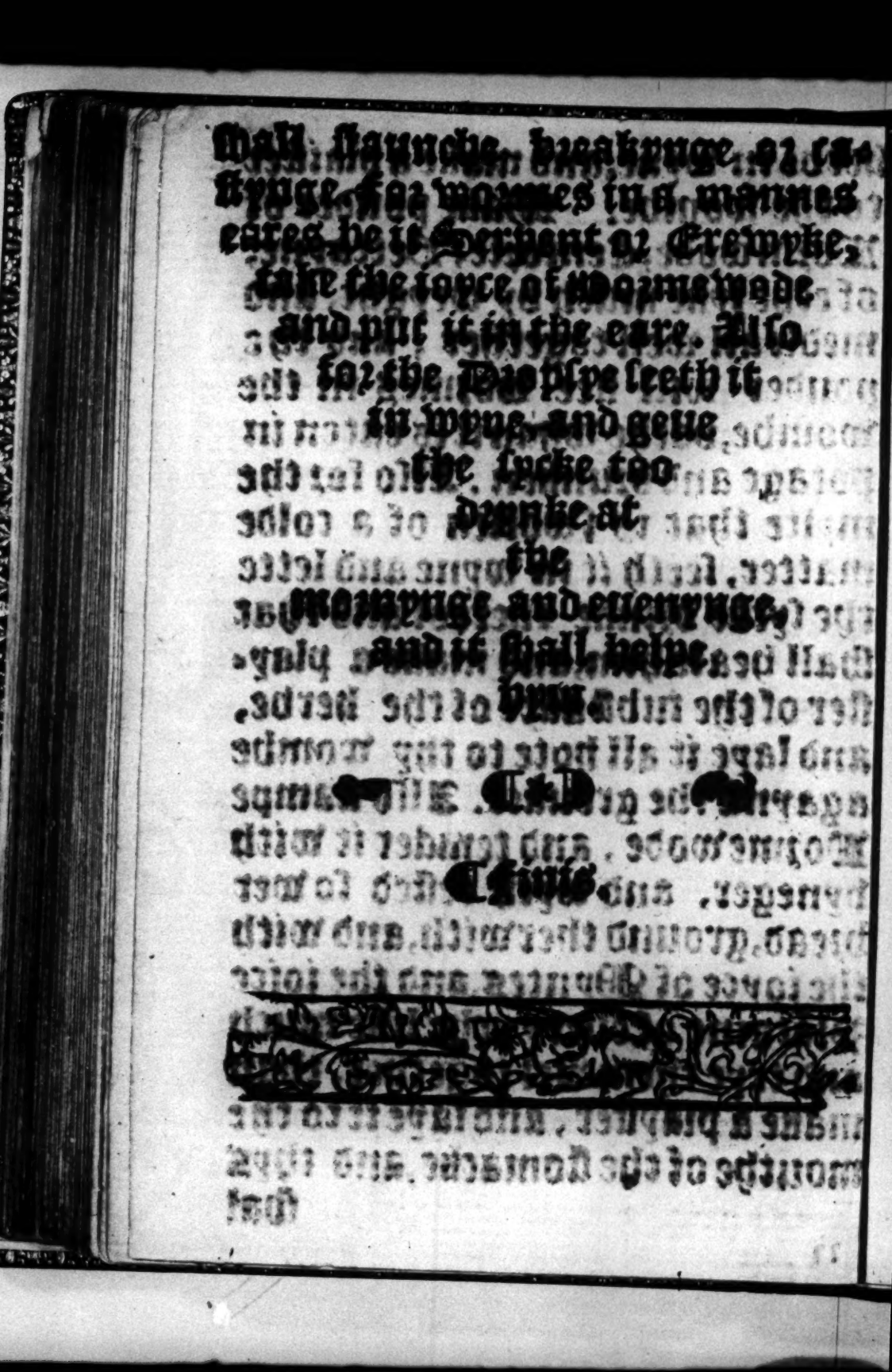
make a hole in the middes of the roote, than couer it well against ẏ no ayre go out, nor that no rayne go in no water, nor earth, nor the Sune come not to much to it, let it stande so a night and a day, the after that go to it and thou shalte fynde therein a certayne lycoure. take out that lycour with a spone & put it into a clean glas and doe so euery day as long as thou fyndest ought in the hole, & this must be done in the moneth of Auril, or Maye, than anoint the sore therwith against the sun, and lette a lynnen clothe in the same lycoure and lappe it about the sore and it shalbe hole in shorte space on warrantyse by the grace of God. for the Goute a soueraign medecine. Take the roote of wylde Nepe, and the roote of the wylde Docke, soden by it selfe and eate them in thynne peces and pare away ẏ ot-

ter ryude and cutte them in quar-
ters, than boile them in clane wa-
ter two or thre houres, than stepe
them in a morter as small as can
be, then put thereto a quantite of
soute of a chymney, and temper
them with the milk of a cow that
that hayr is of one colloure, than
take the pylle of a man that is fa-
stinge, and make a plaister therof
and boyle it together, and as hote
as ye maye suffer, laye to the gre-
uaunce a daye and a nyght, and so
do nyne tymes, & it shal heale the
on warelyse by the grace of God.

Of the wode.

Thys is hote and dry in the se-
conde degree, it is good for Wor-
mes in the wombe if it be dayed,
and the iuyce dronge out & myn-
gled with swete mylk, and geue to
the patient to drynke, & seeth thys
herbe

herbe in wyne, and make a plaister to the wombe. Take powder of Wormwode, Centorie, Betayne, of eche lyke much by weyghe, and medle all well together, and the pouder will slee wormes in the wombe, yf the wyne it is eaten in potage and drunken. Also for the mylte that is swollen of a colde matter, seeth it in wyne and lette the sycke drynke thereof and that shall heale him, and make a playster of the substance of the herbe, and laye it all hote to thy wombe agayne the greuance. Also stampe Wormewode, and tender it with vyneger, and with grated soft wet bread, ground therwith, and with the ioyce of Myntes, and the ioyce Plantaine of euery yche like much and trye them wel together, than make a playster, and laye it to the mouthe of the stomache, and thys



Here beginneth the Table of thys booke.

Althrotenum.
Absinthium.
Acus muscela.
Asphodyllus.
Agnus castus.
Agrimonia.
Allium.
Alcea.
Alleluia.
Amariscus.
Ameos.
Anisum.
Anetum.
Anabula.
Apium.
Apium emo.
Apium ranarii.
Arthemisia.
Aristologia lon.
Aristologia ro.
Asterion.
Atriplex domitii
Auentia.
auricula muris

B.

Ballamita.
Betonica.
Beta.
Borrago.
Borrago siluest.
Bugla.
Burneta.
Bursa pastoris

C.

Camomilla.
Calamentum.
Capillus vene.
Canabaria.
Capitfolium.
Cardiaca.
Camelon.
Carui.

Cẽtauria maior
Centauria mi.
Celidonia.
Centimodia.
Cepe.
Cerifolium.
Ciminum.
Cicuta.
Conſolida ma.
Conſolida med.
Conſolida mi.
Columbina.
Coliandrum.
Coſtus.
Craſſula maior.
Craſſula minor

D.

Daucus alini.
Diptanum.
Dens leonis.
Daucus creti.
Dragantia ma.
Dragantia fe.

E.

Ebulus.
Edera.
edera terreſtris
Enula cãpana.
Ellebor⁹ alb.
elleborus niger
Endiuia.
Eufraſia.
Eupatica.
Eruca.

F.

Fabaria maio.
Febrifuga.
Feniculus.
Feniculus poet.
Fenigrecum.
Filer.
Filipendula.
Flamula.
Flamenula.
Fragra.
Fumus terre.

G.

Galanga.

Gentiana.
Genestula.
Granum solis.
Granū so. agri.

H.

Hastula regia.
Herba cruciata
Herba chrisitoso
ri masculi.
Herba chrisitoso-
ri femini.
Herba roberti.
Herba Johānis

I.

Jarus.
Jasia nigra.
Jpia maior.
Jreos.
Jris.
Jsopus.
Jusquiamus.

L.

Labrum bene.
Lactuca.
Lactuca silues.
Lactura lepo:
Lapatum rū.
Lappa.
Lauendula.
Lauriola.
Ligustrum.
Lilium.
Lingua cerui.
Lingua bouis.
Lingua serpen-
tis maior.
Lingua serpen-
tis minor.
Lingua canis.
Lingua hircina
Linum.
Leuisticum.
Liquiricia.
Lolium.
Lupinus.

M.

Maces.
Maiorana.

Malua.
Mastiche.
Menta royall.
Mera romana.
Menta rubea.
Mercurialis.
Millefolium.
Millefoliū ma.
Mozella.
Mother wozt or
mugwozte.

N.

Napus.
Nux muscata.
Nenular.
Nigella.
Nux communis

O.

Olibanum.
Oliandzum.
Olium oliuarū
Ozdeum.

P.

Papauer.
Paratariā.
Pastinaca.
Peper.
Petrocilinum.
Pencedanum.
Peonia.
Pinpernel.
Plantago.
Polipodium.
Pozrum.
Piretrum.
Pzuna.
Pulegium.

Q.

Quinque foliū.

R.

Read nettel.
Ribwozte.
Rosa rubea.
Rosemary.
Ruta.

S.

Salua.
Saturegia.

Sanaine.
Saxifragia.
Scabriosa.
Scamoni.
Sene.
Sengrene.
Selondyne.
Sinapium.
Sothernewode
Stychewozte.
Smalage.

T.

Taplus barba.
Towne cresses.

V.

Veruena.
Viola.
Vua suauis.

W.

Water cresses.
Wyldeneppe.
Wozmewode.

Finis.

Imprynted at London, in Paules churcheyearde, at the signe of the Swanne, by Iyon kynge.

(:*:) *** (:*:)